

KEY WORDS OF MODERN ANTIFUNGAL THERAPY

200,000 WONDROUS SPECIES

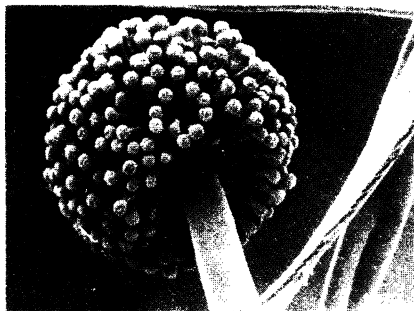
T. rubrum



C. albicans



*Aspergillus
niger*



In the world of bacteria and bacterial infections clinicians feel quite at home. Strangely, this is not usually the case in the world of fungi and fungal infections. With its 200,000 species it seems like a complex domain.

Yet only some 100 of them are pathogenic to man. And clinically they can be classified in three main fields:

I. THE "KERATINOUS" MYCOSES: prototypes are the tinea infections whose battlefield is the keratinous skin and the nails, and whose causative agents belong to the dermatophytes;

II. THE "MOISTENING" MYCOSES: prototypes are vaginal candidosis and oral thrush. These can only develop in moist environments and are invariably caused by yeasts;

III. THE "SYSTEMIC" MYCOSES: these develop in the internal organs when the general or regional immunity is defective; although predominantly caused by yeasts, "modern" pathology increasingly encounters rather more specific fungi... *Aspergillus* — not a yeast but a fungus all on its own — is the dominant example.

Thus a complex world looks a lot simpler. Which can likewise be said of modern antifungal therapy:

Sporanox^{*}

itraconazole

SHORT AND SIMPLE ORAL THERAPY

standard dose in dermatology: 1 capsule (100 mg) once daily for 15 days
standard dose in gynaecology: 2 x 2 capsules (400 mg) for 1 day only

* Trademarks: SPORANOX, SEMPERA, SISTIZOL, TRISPORAL.

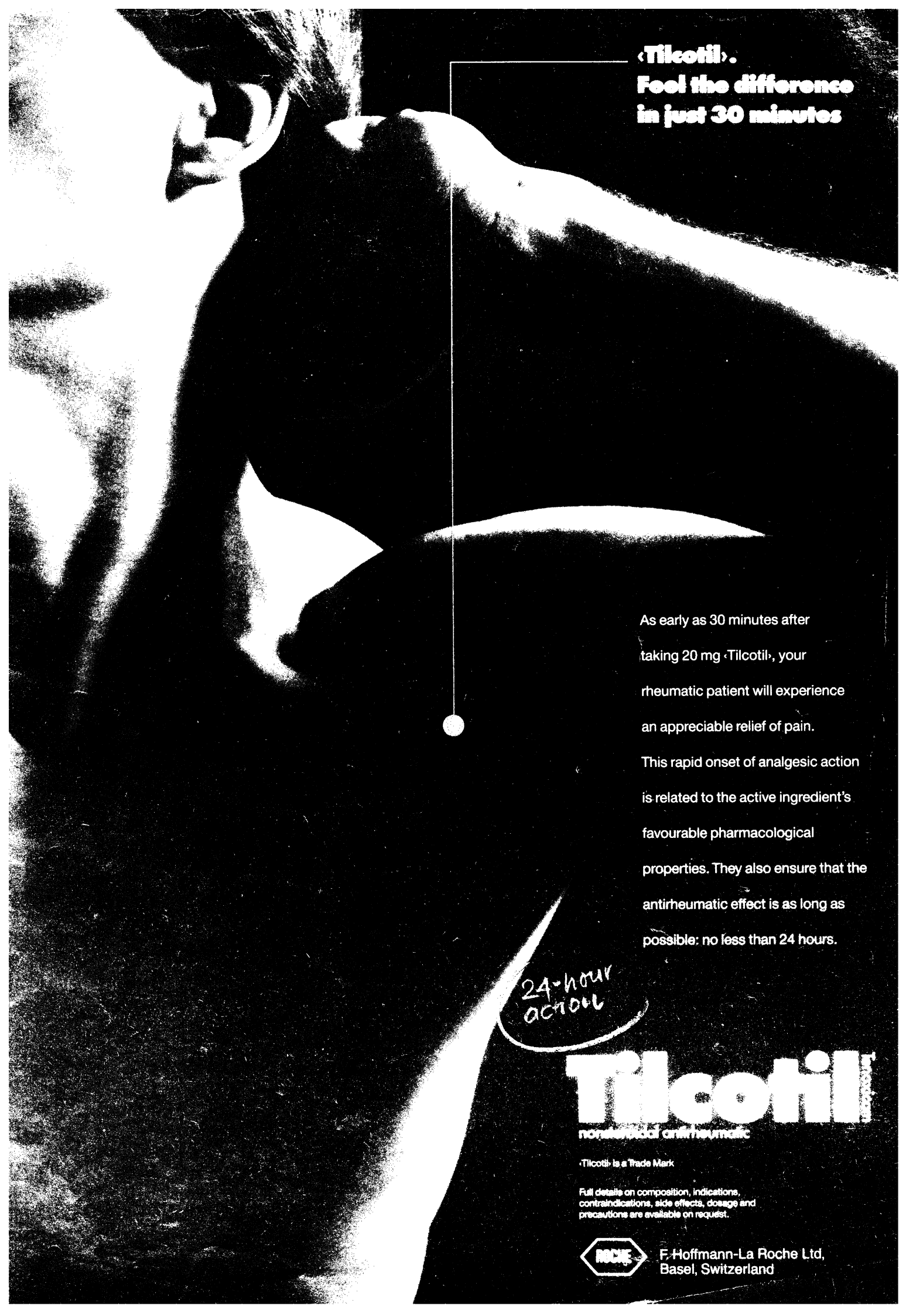
JANSSEN
PHARMACEUTICA
2340 Beerse, Belgium
the drug discovery company

Properties: Sporanox (itraconazole), a triazole derivative, is orally active against infections with dermatophytes (*Trichophyton* spp., *Microsporum* spp., *Epidermophyton floccosum*), yeasts (*Candida* spp., *Pityrosporum* spp.), *Aspergillus* spp. and various other yeasts and fungi. **Indications:** Sporanox (itraconazole) is indicated for vulvovaginal candidosis, pityriasis versicolor, dermatophytoses, fungal keratitis and oral candidosis. **Dosage and administration:** Vulvovaginal candidosis: 2 capsules (200 mg) morning and evening for 1 day,

Pityriasis versicolor: 2 capsules (200 mg) once daily for 7 days. - Tinea corporis, tinea cruris, tinea pedis, tinea manus: 1 capsule (100 mg) daily for 15 days; highly keratinized regions, as in plantar tinea pedis and palmar tinea manus, require 1 capsule (100 mg) daily for 30 days. - Oral candidosis: 1 capsule (100 mg) daily for 15 days. - Fungal keratitis: 2 capsules (200 mg) once daily for 21 days. **Contra-indications:** Sporanox (itraconazole) is contra indicated during pregnancy. **Warnings and precautions:** Although clinically

Sporanox (itraconazole) has not been associated with hepatic dysfunction, it is advisable not to give this drug to patients with a known history of liver disease. **Nursing mothers:** It is recommended not to breast feed whilst taking Sporanox (itraconazole). **Drug interactions:** Sporanox (itraconazole) should not be given concomitantly with rifampicin.

Full prescribing information is available on request.



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Full details on composition, indications,
contraindications, side effects, dosage and
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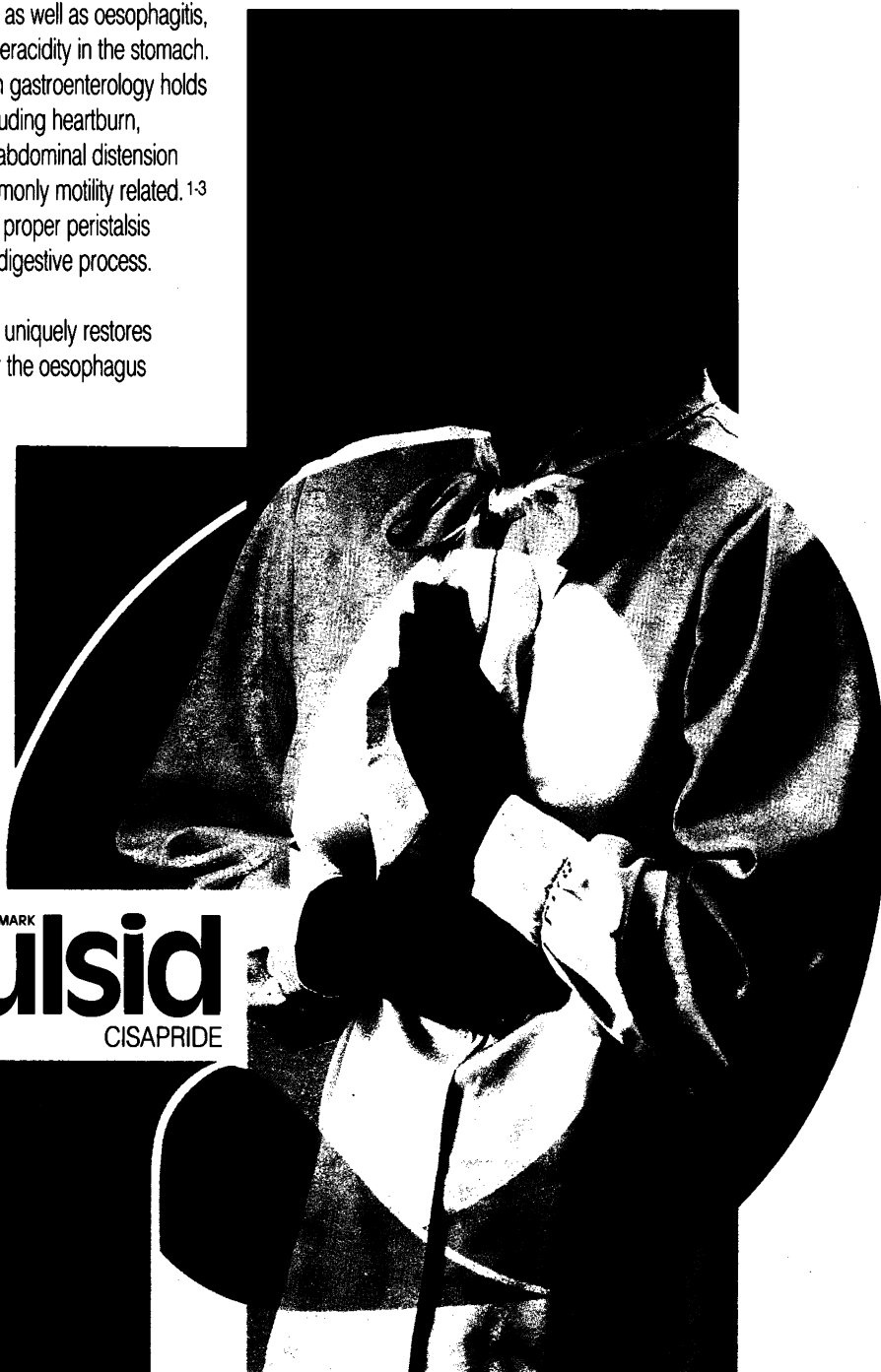


F. Hoffmann-La Roche Ltd,
Basel, Switzerland

gastric distress & oesophagitis hyperacidity or dysmotility?

Most complaints of gastric distress, as well as oesophagitis, are conventionally attributed to hyperacidity in the stomach. However, the contemporary view in gastroenterology holds that most upper G.I. problems, including heartburn, postprandial fullness, early satiety, abdominal distension and epigastric discomfort, are commonly motility related.¹⁻³ And this stands to reason. After all, proper peristalsis is a physiological necessity for our digestive process.

Prepulsid, the novel G.I. prokinetic, uniquely restores healthy peristalsis to efficiently clear the oesophagus and empty the stomach.⁴⁻⁶



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restores upper G.I. motility like no other agent.

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PHARMACEUTICA
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expertise in digestive motility

References: 1. Kniff, J.E. et al. Dig. Dis. Sci. 29: 194, 1984; 2. Kamras, J.P. et al. Gastroenterology, 91: 897, 1986; 3. Malagelada, J.R. et al. Gastroenterology, 88: 1223, 1985; 4. Cecchelli, P. et al. Gut, 29: 631, 1988; 5. Collins, B.J. et al. Hepato-Gastroenterol. 34: 113, 1987; 6. Jan, R. et al. Dig. Dis. Sci. 34: 637, 1989.

Prescribing Information - Prepulsid (cisapride) is a gastro-intestinal prokinetic agent. Prepulsid enhances and co-ordinates gastro-intestinal propulsive motility, thereby preventing stasis and reflux. **Therapeutic indications:** 1. Gastro paresis. 2. Symptoms of X-ray or endoscopy negative upper digestive discomfort. 3. Gastro-oesophageal reflux disorders, including oesophagitis. 4. Intestinal pseudo-obstruction. **Contra-indications:** No absolute contra-indications are known. **Precautions:** Although, in animals, there is no effect on primary fertility, no primary embryotoxic and no teratogenic effect, the anticipated therapeutic benefits should be weighed against the potential hazards before Prepulsid is given during pregnancy, especially during the first trimester. Nursing mothers: Although the excretion in breast milk is minimal, nursing mothers are advised not to breast feed while taking Prepulsid. **Driving and machine-operating ability:** Driving and machine-operating ability is not affected by Prepulsid. **Warnings:** The acceleration of gastric emptying may affect the rate of absorption of drugs. Absorption of drugs from the stomach may be diminished, whereas absorption of drugs from the small bowel may be accelerated (e.g. benzodiazepines, anticoagulants, paracetamol, H₂-blockers). In patients receiving anticoagulants, the coagulation times may somewhat be shortened. **Interactions:** In the elderly, steady state plasma levels are generally higher, due to a moderate prolongation of the elimination half-life. Therapeutic doses, however, are similar to those used in younger patients. In the case of drugs that require individual titration, it may be useful to monitor plasma levels of such drugs when Prepulsid is associated with the pharmacological activity of Prepulsid. Transient headache or light-headedness have been reported occasionally. When diarrhoea occurs in babies or infants, the dose should be reduced. There have been isolated reports of convulsive seizures without clear-cut relationship to Prepulsid. **Adverse reactions:** In the severity of the condition: 5 or 10 mg of Prepulsid, 2 to 4 times daily, to be taken as tablets or as oral suspension (the full plastic 5 ml spoon contains 5 mg). As a rule the following doses have proven adequate: * less severe conditions: 5 mg t.i.d. (dose can be doubled). * severe conditions (gastro paresis, oesophagitis, refractory constipation): 10 mg t.i.d. to 10 mg q.i.d. (before the 3 main meals and before retiring). * Infants and children: on the average 0.2 mg/kg per intake, 3 to 4 times daily. For the suspension intakes are indicated on the dosing pipet as a function of body weight.

Full prescribing information available on request.

Note: Prepulsid (cisapride) is not yet available in all countries and not all indications have been approved everywhere.