

KEY WORDS OF MODERN ANTIFUNGAL THERAPY

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CYTOCHROME P450

OR WHAT'S IN A NAME...

The metabolism of fungi is almost identical to that of other eukaryotic organisms, such as humans. Therefore, trying to design a systemic drug that kills fungi without harming their human host means searching for infinitesimal differences in metabolic pathways.

Selective precision for the metabolic pathways in fungi, as distinct from those in humans, remains the key determinant for any systemic antimycotic, regardless of its point of biochemical interaction. This precision has been achieved to an exceptional degree with itraconazole, alias Sporanox*, because it selectively inactivates the fungal cytochrome P450 only.

Figure 1

Figure 1 is a simplified illustration of one of the pathways for the enzymatic ergosterol synthesis in fungal cell membranes. (Ergosterol is essential for the structural cohesion of these membranes). Pharmacologically one can disrupt this process at two distinct points. The first is where squalene is made into an oxide. Alternatively, one can interfere where lanosterol is converted into ergosterol, by inactivating **cytochrome P450** — a chemical catalyst that performs a vital function in the enzymatic reaction. The broadest research experience to date has been gathered with the latter approach. Importantly, in view of the close similarities between the enzymatic processes in fungi and humans, either approach must be highly selective in disrupting the fungal enzyme systems only.

Sporanox*
itraconazole

SHORT AND SIMPLE ORAL THERAPY

standard dose in dermatomycoses: 1 capsule (100 mg) once daily for 15 days

standard dose in vaginal candidosis: 2 x 2 capsules (400 mg) for 1 day only

* Trademarks: SPORANOX, SEMPERA, SISTIZOL, TRISPORAL.

JANSSEN
PHARMACEUTICA
2340 Beerse, Belgium
expertise in
antimycotic research

Properties: Sporanox (itraconazole), a triazole derivative, is orally active against infections with dermatophytes (*Trichophyton* spp., *Microsporum* spp., *Epidermophyton floccosum*), yeasts (*Candida* spp., *Pityrosporum* spp.), *Aspergillus* spp. and various other yeasts and fungi. **Indications:** Sporanox (itraconazole) is indicated for vulvovaginal candidosis, pityriasis versicolor, dermatophytoses, fungal keratitis and oral candidosis. **Dose and administration:** Vulvovaginal candidosis: 2 capsules (200 mg) morning and evening for 1 day, Pi-

tyriasis versicolor: 2 capsules (200 mg) once daily for 7 days. - Tinea corporis, tinea cruris, tinea pedis, tinea manus: 1 capsule (100 mg) daily for 15 days; highly keratinized regions, as in plantar tinea pedis and palmar tinea manus, require 1 capsule (100 mg) daily for 30 days. - Oral candidosis: 1 capsule (100 mg) daily for 15 days. - Fungal keratitis: 2 capsules (200 mg) once daily for 21 days. **Contra-indications:** Sporanox (itraconazole) is contra-indicated during pregnancy. **Warnings and precautions:** Although clinically Sporanox (itracona-

zole) has not been associated with hepatic dysfunction, it is advisable not to give this drug to patients with a known history of liver disease. **Nursing mothers:** It is recommended not to breast feed whilst taking Sporanox (itraconazole).

Drug interactions: Sporanox (itraconazole) should not be given concomitantly with rifampicin.

Full prescribing information is available on request.

BRITISH MEDICAL JOURNAL
AND
EUROPEAN ASSOCIATION OF SCIENCE EDITORS

roman **Editing** / *w.f.*
a medical journal

A workshop for editors of medical journals

**The Spa Hotel, Tunbridge Wells, Kent
21-22 November 1991**

PROGRAMME

Thursday 21 November

1400 Registration
1430 Workshops*
1530 Tea and registration
1600 Introduction
1615 Editors and the lay media
(Richard Smith)
1930 Dinner

Friday 22 November

0900 Copyright (John St Aubyn)
1015 Coffee
1040 Workshops*
1145 Workshops*
1250 Lunch
1400 Economics of journals (Gillian Page)
1530 Tea

*Three workshops are run concurrently: on editorial freedom (Robyn Young), duplicate publication (Tony Waldron), and getting the best out of referees.

The fee of £165 (£150 for members of EASE and the BMA) will include a single room and all meals. The day rate for those wishing to attend only on Friday is £80 (£70 for members of EASE and the BMA). Rooms at the Spa Hotel will be allocated on a first come, first served basis; late applicants may have to stay at another hotel nearby. Apply as soon as possible to Miss Liz Crossan, *BMJ*, BMA House, Tavistock Square, London WC1H 9JR. Cheques should be made payable to the British Medical Journal.

I enclose a cheque for £ _____ for the workshop for editors of medical journals at Tunbridge Wells, 21-22 November.

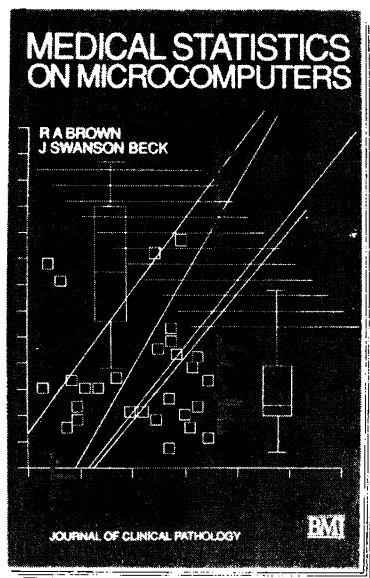
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BMJ



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