

A black and white photograph of a dark, textured surface, possibly a book cover or endpaper. The surface has a grainy, stippled appearance. Several small, white, arrow-like shapes are visible, pointing downwards. The arrows are scattered across the upper half of the image. The overall tone is dark and moody.

THE REASSURING FACTOR:

As for antifungal therapy, an effective way to reach all parts of that outside is via *the inside*, i.e. by the systemic route.

Ideally, an oral antimycotic should quickly disappear from the bloodstream and firmly establish itself in keratinous and mucosal tissues. And preferably, having reached its destination, *it should remain in those tissues and not be released back into the bloodstream.*

This is precisely what happens with itraconazole (Sporanox). Because of its lipophilic structure, it is strongly attracted to the epithelial cells, from where it will only be eliminated — *and only towards the outside* — as those cells gradually desquamate. During all that time its antifungal activity continues.

In fact, this strong fixation to — and inside — the outside tissues is what now permits the use of short, fixed, oral antifungal treatment schedules.

Sporanox ^{*}
ITRACONAZOLE 100 mg

SHORT AND SIMPLE ORAL THERAPY

(See prescribing information below)

Basic dose in dermatology: 1 capsule (100 mg) once daily for 10 days

Standard dose in vaginal candidosis: 2 x 2 capsules (400 mg) daily

Note: This product is not yet available in all countries.

• **Threats**

Properties: Sporanox (itraconazole), a triazole derivative, is orally active against infections with dermatophytes (*Trichophyton* spp., *Microsporum* spp., *Epidermophyton floccosum*), yeasts (*Candida* spp., *Pityrosporum* spp.), *Aspergillus* spp. and various other yeasts and fungi. **Indications:** Sporanox (itraconazole) is indicated for vulvovaginal candidosis, pityriasis versicolor, dermatophytosis, fungal keratitis and oral candidosis. **Dosage and administration:** Vulvovaginal candidosis: 2 capsules (200 mg) morning and evening for 1 day; pityriasis

Contraindications: Severe hepatic disease is contraindicated during pregnancy and lactation.

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JANSSEN
PHARMACEUTICA
B-2340 Beerse, Belgium
*expertise in
antimycotic research*

gastric distress & oesophagitis hyperacidity or dysmotility?

Most complaints of gastric distress, as well as oesophagitis, are conventionally attributed to hyperacidity in the stomach. However, the contemporary view in gastroenterology holds that most upper G.I. problems, including heartburn, postprandial fullness, early satiety, abdominal distension and epigastric discomfort, are commonly motility related.¹⁻³ And this stands to reason. After all, proper peristalsis is a physiological necessity for our digestive process.

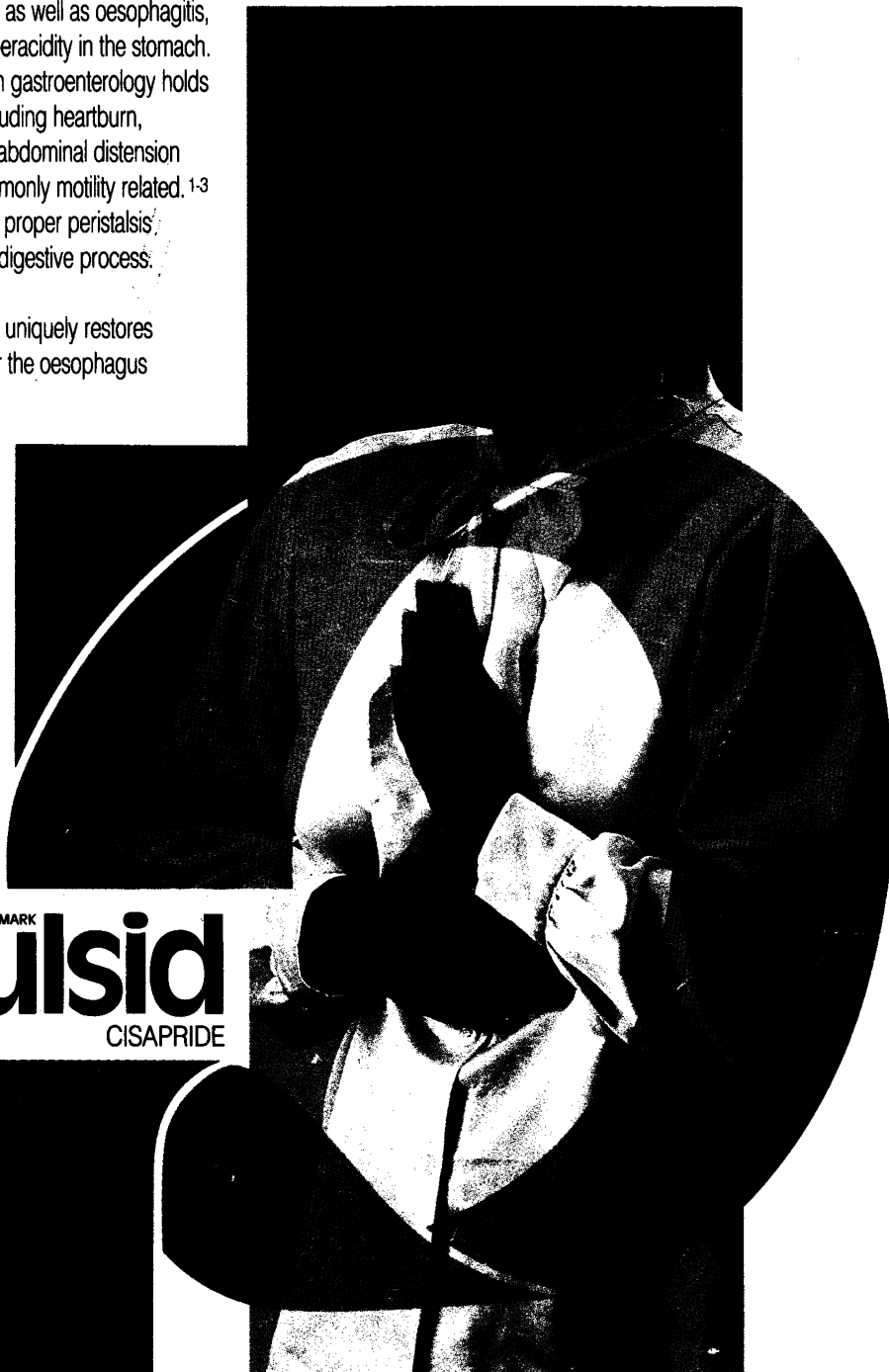
Prepulsid, the novel G.I. prokinetic, uniquely restores healthy peristalsis to efficiently clear the oesophagus and empty the stomach.⁴⁻⁶

Prepulsid
CISAPRIDE

restores upper G.I. motility like no other agent.

JANSSEN
PHARMACEUTICA
B-2340 Beerse, Belgium

expertise in digestive motility



References: 1. Knutt J.E. et al. Dig Dis Sci 29:194 (1984); 2. Kamias J.P. et al. Gastroenterology 91: 997 (1986); 3. Valagelada J.R. et al. Gastroenterol 88: 1223 (1985); 4. Ceccatelli P. et al. Gut 29: 631 (1988); 5. Collins B.J. et al. Hepato-Gastroenterol 34: 113 (1987); 6. Jan H. et al. Dig Dis Sci 34: 657 (1989).

Prescribing Information - Prepulsid (cisapride) is a gastro-intestinal prokinetic agent. Prepulsid enhances and co-ordinates gastro-intestinal propulsive motility, thereby preventing stasis and reflux. Therapeutic indications: 1. Gastro paresis. 2. Symptoms of X-ray or endoscopy negative upper digestive disorders, including oesophagitis. 3. Gastro-oesophageal reflux disorders, including oesophagitis. 4. Intestinal pseudo-obstruction. Contra-indications: No absolute contra-indications are known. Precautions: Pregnancy: Although, in animals, there is no effect on primary fertility, no primary embryotoxic and no teratogenic effect, the anticipated therapeutic benefits should be weighed against the potential hazards before Prepulsid is given during pregnancy, especially during the first trimester. Nursing mothers: Although the excretion in breast milk is minimal, nursing mothers are advised not to breast feed while taking Prepulsid. Driving and machine operating ability: Prepulsid does not affect psychomotor function and does not induce sedation or drowsiness. Prepulsid may, however, accelerate the absorption of central nervous system depressants, such as barbiturates and alcohol. Caution should therefore be exercised when Prepulsid is given with these drugs. Side-effects: The most commonly reported side-effects are dry mouth, constipation, diarrhoea, headache, dizziness, paraesthesia, palpitations, tachycardia, and rarely, hypotension. In the elderly, steady-state plasma levels are generally higher, due to a moderate prolongation of the elimination half-life. The effects of Prepulsid on gastro-intestinal motility are, for the most part, enhanced by anticholinergic drugs. In heart and renal insufficiency, the dose should be adapted. Subsequently, this dose can be adapted, depending on the therapeutic effects or possible side-effects. In the elderly, steady-state plasma levels are generally higher, due to a moderate prolongation of the elimination half-life. Therapeutic doses, however, are similar to those used in younger patients. In the case of drugs that require individual titration, it may be useful to monitor plasma levels of such drugs when Prepulsid is associated. Adverse reactions: In line with the pharmacological activity of Prepulsid, transient abdominal cramping, borborygmi and diarrhoea may occur. Mild and transient headache or lightheadedness have been reported occasionally. When diarrhoea occurs in babies or infants, the dose should be reduced. There have been isolated reports of convulsive seizures with 'atypical relationship to Prepulsid'. Dosage: Adults: according to the severity of the condition: 5 or 10 mg of Prepulsid, 2 to 4 times daily, to be taken as tablets or as oral suspension. The full plastic 5-ml spoon contains 5 mg. As a rule, the following doses have proven adequate: • less severe conditions: 5 mg t.i.d. (dose can be 4x daily); • severe conditions (gastro paresis, oesophagitis, refractory constipation): 10 mg t.i.d. (before the 3 main meals and before bedtime). Infants and children: on the average < 2 mg/kg per make, 3 to 4 times daily, for the 5-ml plastic spoon. For the 5-ml plastic spoon, see the following table. Full prescribing information available on request.