

"Value judgments about food are being made all the time—they are nearly always subjective and usually wrong." A Stewart Truswell, Boden professor of human nutrition at the University of Sydney, separates fact from fallacy in the *ABC of Nutrition*. This fully revised and updated edition offers the general medical reader a refreshingly down to earth review of all aspects of nutrition—from anorexia to obesity, infant feeding to dietary guides for the elderly—and will be invaluable for doctors and other medical professionals wishing to advise patients about their eating habits.

Review of the first edition

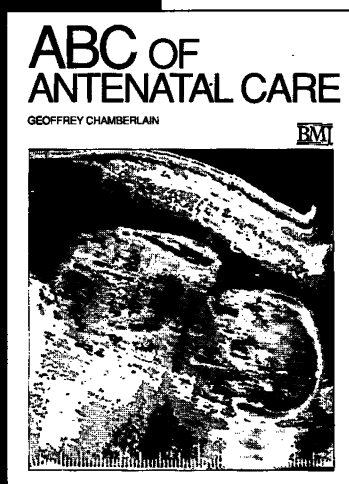
"Truswell . . . has written the introductory textbook for students of nutrition at any level . . . All physicians, medical students, nurses, nursing students, dieticians, dietician students, and those interested in nutrition education should have a copy of this book."

American Journal of Clinical Nutrition

Second edition March 1992

Paperback • ISBN 0 7279 0315 2 • 120 pages

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Healthy women with normal pregnancies need little formal care; those at risk of damage to their own or their baby's health need the best of scientific medicine. The aim of antenatal care is to distinguish between these two groups, giving those who need it the full range of diagnostic and therapeutic measures while avoiding unnecessary intervention in those whose pregnancy proceeds normally. In the *ABC of Antenatal Care* Geoffrey Chamberlain, professor and chairman of the department of obstetrics and gynaecology at St George's Hospital Medical School, London, outlines the practicalities of routine antenatal care and the management of the major medical problems that may arise. Originally published as a series of articles in the *BMJ*, this manual discusses with common sense and humour the background to current practice and indicates how it could be improved in the 1990s.

Chapters include

- Normal antenatal management • Detection and management of congenital abnormalities • Work in pregnancy
- Medical problems in pregnancy • Preterm labour

January 1992

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THE SCIENTIFIC WORK OF MARTIN GARDNER

Martin Gardner, who died prematurely at the beginning of this year, was one of Britain's leading statisticians. The BMJ, the Medical Research Council Environmental Epidemiology Unit, the Medical Section of the Royal Statistical Society and the Society for Social Medicine are holding a one day meeting in his honour. The meeting will explore some of the many problems on which he worked and is intended both for those who knew Martin and those who are simply interested in the problems.

**Thursday 21 October, The Wellcome Trust,
183 Euston Road, London NW1 2BE**

9.30 – 10.00 Registration and coffee.

The control of environmental hazards

10.00 Introduction. David Barker, director, MRC Environmental Epidemiology Unit, Southampton.

10.15 Discussion. Presentation of occupational cancer. David Coggan, MRC Environmental Epidemiology Unit, Southampton.

10.35 Discussion.

10.45 Setting limits for environmental hazards. Rudolf Saracci, chief, Unit of Analytical Epidemiology, International Agency for Research on Cancer, Lyon.

11.05 Discussion.

11.15 – 11.45 Coffee.

What causes the excess childhood cancers around nuclear installations?

Chair: David Barker.

11.45 The "Gardner hypothesis". Stephen Evans, professor of medical statistics, London Hospital Medical College.

12.05 Other explanations. Peter Smith, head, Department of Epidemiology and Pollution Sciences, London School of Hygiene and Tropical Medicine.

12.25 Discussion.

12.45 – 2.00 Lunch.

Statistical refereeing for medical journals and teaching medical statistics

Chair: Richard Smith, editor, *BMJ*.

2.00 What can statisticians contribute to refereeing? Doug Altman, head, Medical Statistics Laboratory, Imperial Cancer Research Fund, London.

2.20 How can editors raise statistical standards? Stephen Lock, research associate, Wellcome Institute for Medical History, and former editor, *BMJ*.

2.40 Discussion.

3.00 – 3.20 Tea.

3.20 Teaching medical statistics. Mike Campbell, senior lecturer in medical statistics, University of Southampton.

3.40 Discussion.

3.50 – 4.00 Farewell. Richard Smith.

We are grateful to the Wellcome Trust for allowing us to use their building.

Attendance at the conference costs £25 including including VAT. On the day of the conference the BMJ Publishing Group will be publishing a book – *Childhood Cancer around Nuclear Installations* – that includes many of Martin Gardner's original papers. The book will be priced at £27.95. If ordered before the conference on this form it will be available to all at the *BMA* members' price of £25.95 and attendance at the conference and the book are available at a special price of £45.

Conference alone £25.

Book alone £25.95.

Both book and conference £45.

----- Please complete the registration form & enclose in an envelope with your remittance & send it to Gaby Shockley, -----
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Sir Reginald Murley

When Sir Reginald Murley became president of the Royal College of Surgeons in July 1977 he was described in the *Daily Telegraph* as a "redoubtable standard bearer" and as "one of the dwindling number of old style 'surgical characters'". In *Surgical Roots & Branches* he gives a lively account of the development of this character.

UK £14.95 (BMA Members £13.95);
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Henry R Rollin

Henry Rollin insists that *Festina Lente* is "in no way an autobiography. I prefer to regard it essentially as an history of psychiatry during the past half century as seen by one who has been witness to and played some small part in the shaping of events."

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Sinclair was intent on a career in surgery when he graduated from St Andrew's University but fate, mainly in the shape of the second world war, decreed otherwise. As Professor Sinclair looks back at his varied life, there are moments of joy, sadness and regret, but throughout a central core of humour and compassion.

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Sir David Smithers believes that "one should aspire to be a realist, but retain a sense of wonder, a rationalist who is prepared to jump to conclusions, and a critical visionary who remains sensible of the humour of the human situation."

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Archie Cochrane with Max Blythe

The autobiography of Professor Archie Cochrane, who was one of Britain's most influential thinkers on health care and the quality of health services. His 30 years' association with the Rhondda Fach – and his work there on reducing the suffering inflicted on whole communities by pneumoconiosis – is almost legendary.

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REAP A DESTINY – DIVAGATIONS OF A TAOIST

Douglas Swinscow

Former deputy editor of the *BMJ*, the late Douglas Swinscow was also a world authority on lichens. A painstaking scientist and a lover of the arts, a philosopher who nevertheless thrived in a military role, these memoirs look back at the events and choices that have shaped his life and character.

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BMJ EASE WORKSHOP for EDITORS of JOURNALS

Spa Hotel, Tunbridge Wells

4-5 November 1993

THURSDAY 4 NOVEMBER

- 1400 Registration
- 1430 Workshops*
- Problems experienced, and caused, by non-English speaking authors**
Magne Nylenna
- Questionnaire surveys of readers**
Bernard Valman
- Looking at delegates' journals**
Andrew Herxheimer
- 1530 Tea
- 1600 **Editors' responsibilities to authors**
Raj Bhopal
- 1930 Dinner

FRIDAY 5 NOVEMBER

- 0900 **The future of EASE: what is EASE and what should it be doing?**
Richard Smith, Maere O'Connor
- 1015 Coffee
- 1040 Workshops*
- 1145 Workshops*
- 1250 Lunch
- 1400 **A new editor – a new journal**
Mike Grace
- 1515 Tea

* The same three workshops are run three times so delegates can attend them all.

This meeting is open to all editors of journals but will have a medical bias.

The cost of a single room and all meals (inclusive of VAT) will be £194 for members of EASE and £212 for other delegates; the cost for day delegates attending on Friday only will be £106 for members of EASE (£118 for others); and the cost for delegates attending on Thursday afternoon alone will be £47 for members of EASE (£53 for others).

These fees will be increased by £10 for people whose application arrives after 30 September.

Rooms at the Spa Hotel will be allocated on a first come, first served basis, and late applicants may have to be given accommodation at hotels nearby.

Please send your application form with a cheque (made payable to the British Medical Journal) to:

Miss Liz Crossan, BMJ, BMA House, Tavistock Square, London WC1H 9JR.

I enclose a cheque for £_____ for the workshop for editors of journals at Tunbridge Wells, 4-5 November 1993.

I wish to stay overnight/attend Friday only/attend Thursday only. I am/am not a member of EASE.

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