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LEADING ARTICLES Breast cancer and the pill	Hazards of biliary tract surgery	
immunocompromised patient	viruses	
CLINICAL RESEARCH • PAPERS AND SH		
Hypercoagulation in glomerulonephritis HATEM H SALEM, JUDITH A WHITWORTH, JERRY KOUTTS, PRISCILLA S I Atophy does not predispose to RSV bronchiolitis or postbronchiolit		
Breast cancer and oral contraceptives: findings in Oxford-Family Plank P VESSEY, KLIM MCPHERSON, RICHARD DOLL	2089 Anning Association contraceptive study 2093 Impromised host KARL G NICHOLSON 2095 2095 2095 2095 2096 2096 2096 2096 2097 2097 2097 2097 2097 2097 2097 2097 2097 2097 2097 2097 2097 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2098 2	
Emergencies in the Home: Head, neck, and back injuries KENNETH Law and the General Practitioner: Writing medicolegal reports DAY Patient Participation: Birchfield Medical Centre Patients' Association Unemployment in My Practice: Govan, Glasgow JOHN MACKAY Beyond the Surgery: General practitioner in the factory F J WILKIN	VID M PAUL 2101 on 2103 2104 NSON 2105	
MEDICAL PRACTICE	CURRENT ARRIVE MICHAEL	
Occasional Review: A guide to compensation for asbestos-related diseases M G BRITTON, D T D HUGHES, T J G PHILLIPS 2107 Contemporary Themes: Parents for children ANNE M JEPSON 2112 Statistics in Question: Assessing clinical trials—restricted randomisation SHEILA M GORE 2114 Hospital Topics: Present use of five-day wards R DAVIES, K S CLIFF, W E WATERS 2118 ABC of 1 to 7: Chronic diarrhoea H B VALMAN 2120 Dealing with the Disadvantaged: Illiteracy LENORE GOODINGS 2123 Any Questions? 2111, 2113, 2119, 2124 Medicine and Books 2125 Personal View DAVID WILSON 2129		
CORRESPONDENCE—List of Contents	SUPPLEMENT The Week	
OBITUARY 2143	Letter from Westminster WILLIAM RUSSELL	
NEWS AND NOTES	Senior Hospital Staffs Conference	
Views	Hospital Junior Staff Conference	
Medical News 2141 BMA Notices 2142	LMC Conference: GMSC chairman's speech	
NO 6282 BRITISH MEDICAL JOURNAL 1981 VOLUME 282 2075-2160	ASTM CODEN: RMIOAE 282 (6282) 2075-2160 (1981)	

CORRESPONDENCE

Medicine and the media Rt Reverend J S Habgood, PHD; J Drummond, FFCM	Cancer and communication: information-giving in an oncology clinic J A Murray, MRCP, and A Burdett, SRN 2134	Assisting the police J K F Mason, FRCPATH
M Super, FRCPED	Meningococcal chemoprophylaxis R G Finch, MRCPATH, and J Gilby, BPHARM	P Sweny, MD, and others
K M Laurence, FRCPED, and H Campbell, FRCP	Prognosis in acute myeloid leukaemia D Catovsky, MRCPATH	L W Wale, BSC
Febrile convulsions: long-term treatment	Effects of treatment of mild and moderate hypertension	structure P K Schütt, MRCGP 2138
Helen M Lewis, DM	Gillian Greenberg, MB, and others; J A P Trafford, FRCP, and H O'Neal, MRCP 2134	Fewer registrars and more consultants? P J W Knell, FFARCS
A Martin, MD, and R J Bailey, MRCP; R A Griffiths, FRCP; K L Gupta, MRCP 2132 How dangerous are falls in old people	Management of angina and hypothyroidism P B S Fowler, FRCP, and others	Doctors' pay S P W Nabney, MRCGP
at home? O H G Wilder-Smith, MB, and T A S Thorp, MB	Management of suspected cardiac infarction by British immediate care	Industrial action by doctors C Gray, MB
Care of the elderly in general- practitioner hospitals	doctors K C Hines, MB; C Wilson, MRCP, and N C Chaturvedi, MRCP	Violation of human rights against Chilean doctors S R Hirsch, FRCPSYCH, and others 2139
J R D Brown, MRCP	Strategy of prevention: lessons from cardiovascular disease PRJ Burch, PhD; JJ Segall, MRCP 2135	Points Help needed for Galmi Hospital (Sheila A S Harries); Lesson from Canada (S Senior); Inhaled foreign bodies (J C
homozygous sickle-cell disease T Sherwood, frcr; A G Morgan, MD, and	"Caucasian" B J Freedman, FRCP	MacLarnon); Comparative risks of rhesus autoimmunisation in two methods of abortion (A H Waters); Doctors' pay
G R Serjeant, FRCP	Dietary fat and coronary artery disease Sir John McMichael, FRCP, FRS 2136	(R W Clark); Recurrent herpes simplex and systemic antiviral agents (D G
M L Friedlander, MRCP, and M H N Tattersall, FRACP	Bladder cancer O J Traynor, FRCSI, and A E Carter, FRCS 2136	Mayne); Sock it to them (W A Anderson) 2139 Correction: Alcoholism (Webb) 2139

We may return unduly long letters to the author for shortening so that we can offer readers as wide a selection as possible. We receive so many letters each week that we have to omit some of them. Letters must be signed personally by all their authors. We cannot acknowledge their receipt unless a stamped addressed envelope or an international reply coupon is enclosed.

Medicine and the media

SIR,—Your interesting article on medicine and the media (13 June, p 1947) provides a useful analysis of some potential sources of conflict. A working group in medical ethics, of which I am chairman, has recently explored part of the same ground, following a number of widely discussed instances in the Northern Region in which local press representatives adopted distasteful methods when investigating medical matters.

Like the participants at your conference, we fully recognise the supreme importance of a free press. Like them we also believe that conflicts of interest can best be resolved by deliberate efforts to establish mutual confidence between the professions, at local as well as national level.

On the whole we have few complaints about feature articles in the press on medical matters. They are usually written by competent and experienced contributors who know how to draw on expert medical opinion. News items, on the other hand, are more likely to be written by unspecialised reporters, and we studied a number of cases in which the reports were harmfully inaccurate, sensational, and painful to those involved. Even when an article is substantially correct, it can be distorted in its presentation by a subeditor's headline.

Newspapers and the broadcasting media are in a competitive business, in which speed is of the essence, and which places a high premium on "human interest" stories.

Doctors, on the other hand, are protective towards their patients and their professional colleagues, and belong to a large organisation which is traditionally less than open in its dealings with the press and the public. Newsmen are naturally suspicious of such organisations, not least those which have Government backing and wield great power, and may well prefer their own channels of communication to official handouts.

From the point of view of the medical profession, there can be no compromise on the principle that a doctor does not disclose details about his patients, or even their identity, nor does he comment publicly on the work of other doctors. There may, however, be special circumstances, such as heart transplants or the birth of sextuplets, which are known to be of particular public interest because of their comparative rarity. when the consent of those involved can be given for the release of factual information; but doctors recognise an obligation not to be drawn into giving personal opinions regarding treatment or prognosis. They may wish to be present, though, in order to correct possible errors if their patients are themselves being interviewed by the media.

The direct approach to patients or their relatives by representatives of the media can be a cause of much distress, especially in a time of bereavement. "The patient angle" has a high human interest, and is often quicker and easier to obtain than the official medical story, especially when the doctors concerned cannot be easily identified or contacted, and may in any case be reluctant to comment. Sometimes patients and relatives may themselves welcome publicity as giving a measure of comfort and relief by increasing the public significance of what they are suffering. The value of such publicity must be weighed against the potential harm caused by the dissemination of misleading information.

Conflicts of interest of the kind thus briefly sketched cannot be wholly avoided. It is clear, however, from the experience in some regions, that their worst effects can be mitigated if care is taken to create trust and provide appropriate channels of communication.

A possible way of doing this in a particular region might be to arrange regular meetings, possibly on an annual basis, between members and senior officers of regional health authorities and the editors of newspapers and