

# BRITISH MEDICAL JOURNAL

SATURDAY 12 SEPTEMBER 1981

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We may return unduly long letters to the author for shortening so that we can offer readers as wide a selection as possible. We receive so many letters each week that we have to omit some of them. Letters must be signed personally by all their authors. We cannot acknowledge their receipt unless a stamped addressed envelope or an international reply coupon is enclosed.

Correspondents should present their references in the Vancouver style (see examples in these columns). In particular, the names and initials of all authors must be given unless there are more than six, when only the first three should be given, followed by *et al*; and the first and last page numbers of articles and chapters should be included. Titles of papers are not, however, included in the correspondence section.

## Precautions against rabies and other hazards for tourists

SIR.—There are disturbing similarities between the latest case of rabies encephalitis reported by the media and a case treated at Lewisham Hospital in 1978.<sup>1</sup> The Lewisham patient sought treatment in India after a dog bite and believed that the injection given at an Indian hospital was rabies vaccine. Almost certainly he received tetanus prophylaxis only, since the course of his disease was typical of unmodified rabies encephalitis.

While our goal should be that any person likely to have contracted rabies is given as a matter of urgency diploid vaccine, we should recognise that UK nationals may well be inadequately treated where diploid vaccine is not freely available. Therefore tourists need to be informed that in the event of being bitten or coming into intimate contact with a potentially rabid animal they should ensure that they receive diploid vaccine as soon as possible. Personally I would suggest that they return immediately to the UK or, failing this, contact the appropriate British embassy to ensure satisfactory vaccination.

I would suggest that you press through this journal for all tourists to be given information concerning the health hazards of the countries which they are visiting, with details of how to obtain effective prophylaxis against or treatment of these hazards.

Similarly, the availability of diploid vaccine

in the UK needs to be made widely known to GPs and casualty officers, who may see those tourists who follow my advice.

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<sup>1</sup> Cundy JM. *Anesthesia* 1980;35:35-41.

## Malaria prevention in travellers from the United Kingdom

SIR.—I have followed the correspondence in your columns over recent months on drug prevention of malaria with considerable interest, having been practising for the past 20 years in Mombassa, Kenya, an area of high endemicity for *Plasmodium falciparum* infections.

The recent report from the Ross Institute (18 July, p 214) provides an admirable survey of the current situation and I am in full agreement with most of its recommendations. However, I should like to endorse the stric-

tures made by Dr James Hawarth (3 January, p 70) against the use of Maloprim (pyrimethamine and dapsone), which I too discouraged in a review article on drug prophylaxis of malaria some time ago.<sup>1</sup>

My own experience with this drug when it was introduced 12 years ago was not a happy one. A banner was hung across the main street of Mombassa carrying the slogan "Beat malaria by taking two Maloprim a week." Within the next few weeks I had six Caucasian white patients presenting with frank