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LEADING ARTICLES

Congenital malformations and blood glucose control in diabetic pregnancy P J WATKINS
Hypotensive agents, beta-blockers, and drug-induced lupus GRAHAM R V HUGHES
Nuclear magnetic resonance imaging and neurology MILNE ANDERSON
Alcohol: clearing the decks for action

CLINICAL RESEARCH • PAPERS AND SHORT REPORTS • PRACTICE OBSERVED

Controlled trial of chlorpromazine as antisecretory agent in patients with cholera hydrated intravenously	
G H RABBANI, W B GREENOUGH III, J HOLMGREN, B KIRKWOOD	1361
	1265
Benoxaprofen: side-effect profile in 300 patients J P HALSEY, N CARDOE	1300
Side effects of benoxaprofen COLIN HINDSON, TERENCE DAYMOND, BRIAN DIFFEY, FRANCES LAWLOR	1368
Prevention of pressure sores by identifying patients at risk KLAUS E ANDERSON, OVE JENSEN, SVEN ANCHER KVORNING, ELSA BACH	1370
Fatal cholestatic jaundice in elderly patients taking benoxaprofen HUGH MCA TAGGART, JOAN M ALDERDICE	1372
Interaction of azapropazone with phenytoin D P GEANEY, J G CARVER, J K ARONSON, C P WARLOW	1373
Polyarthritis complicating quinidine treatment PAUL KERTES, DAVID HUNT	1373
Severe deafness in systemic lupus erythematosus: its immediate relief by plasma exchange T J HAMBLIN, G J MUFTI, A BRACEWELL	1374
Audit of computerised recall scheme for cervical cytology MAUREEN T REYNOLDS, CLIVE W RICHARDS	1375
Organising time CLIVE FROGGATT	

MEDICAL PRACTICE

The preregistration houseman in general practice G K FREEMAN, C R COLES	1379
Ethics of a predictive test for Huntington's chorea S THOMAS	1383
Lawson Tait—Disciple of Charles Darwin JA SHEPHERD	1386
ABC of 1 to 7: The severely ill child H B VALMAN	1388
Alcohol and Alcoholism: The politics of alcohol RICHARD SMITH	1392
Medicine and Books	1395
Medicine and the Media—Contributions from ALAN NORTON, GARY RIMMER, TONY SMITH	1398
Personal View JC GRIFFITHS	1 399

CORRESPONDENCE—List of Contents	1400	SUP
		The

OBITUARY 1416

NEWS AND NOTES

Views	1413
Parliament	
Medical News	1414
BMA Notices	1415

SUPPLEMENT

The Week	1418
Justifiable criticism from the Ombudsman	
WILLIAM RUSSELL	1419
GPs at odds with juniors on clinical assistants	1420
GP trainers and trainees	1420
CCHMS manpower symposia	1420
New computer policy committee for NHS	1421
PAC looks at capital spending for medical schools	1421
BMA negotiates fees increases	1422

CORRESPONDENCE

Hospice care for children S R Burne, MRCGP...... 1400

Oral opiates and respiratory function	
T D Walsh, MRCP	1401
Survival and desferrioxamine in	
thalassaemia major	
J A Murray, MRCP	1401
Intraspinal opiates and itching: a new	
reflex?	
D M Justins, FFARCS, and Felicity J M	
Reynolds, MD	1401
Injuries incurred at "roller discos"	
J G Moss, MB; T D Bunker, FRCs, and	
Ninian S Peckitt, MB	1401
Failure of hyposensitisation in	
treatment of children with grass-	
pollen asthma	
H M Brown, FRCPED; Betty E Wallace,	
FRCPATH; D J Hill, FRACP, and others	1402
Preparing a leaflet for patient education	
R Dickinson, FPS	1403
Stability of glyceryl trinitrate tablets	
E R Tallett, FPS	1403
Pulmonary hypertension and	
fenfluramine	
D P Doogan, MRCP	1403
Fact and speculation on nuclear war	,
N J Simpson, MRCPSYCH	المر 1403
Short-term prophylaxis with	
cefotaxime for prostatic surgery	
R Hole, FRCS	1404
What has happened to charity?	
R M Dawood, MB; A D McG Steele,	
FRCS, and T A Casey, FRCS	1404
Failure to heal vitamin D-deficiency	
rickets and suppress secondary	
hyperparathyroidism with	
conventional doses of 1,25-dihydroxy	
vitamin D ₃	
D R N Gillies, MRCP, and P J Congdon,	
MRCP	1404
Are all born equal? Incidence of febrile	
convulsions by season of birth	
Zarrina Kurtz, MFCM, and others	1404

Recurrent cancer after restorative	
resection of the rectum B J Cummings, FRCR	1405
Cause, diagnosis, and chemotherapy of	
lactose intolerance E Szatlóczky, MD	1405
Pruritus after administration of	
hetastarch J M Mishler, MRCPATH; N E Parker, MRCP, and others	1405
Is carditis less common in rheumatic fever than it used to be?	
C Sonnex, MB Renal failure—dilemma and	1406
developments	
J R T Gabriel, FRCP Renal function after prolonged	1406
consumption of aspirin D N S Kerr, FRCP	1406
Ventricular fibrillation induced by xipamide	
D B Rowlands, MRCP, and W A Littler, FRCP	1407
Clinical trials of immunotherapy H B Hewitt, MD	1407
Plasmodium falciparum malaria in Nigerians who live in Britain	
L J Bruce-Chwatt, FRCP	1407
Abolish course organisers in general practice	
A A Lewis, MRCGP	1408
Sinus arrest during treatment with amiodarone	
I R Starkey, MRCP	1408
Hepatitis B virus infection in medical and health care personnel	
A K R Chaudhuri, FRCPGLAS, and E A C	
Follett, MRCPATH Skin suturing techniques	1408
N R McLean, FRCSGLAS; G B Hopkinson,	
FRCS	1408

Is bran useful in diverticular disease?	
М V Math, мр	1408
Physiological changes underlying jet lag H W Simpson, MRCPATH	1409
The legal threat to medicine	
Jean Davies	1409
Survey of pulmonary tuberculosis in south and west Wales (1976-8)	
H A Buechner, мр	1409
Genetics of Alzheimer's disease	
I Janota, FRCPATH	1410
Is early antenatal attendance so	
important?	
	1410
A M Mander, MRCOG	1410
A giant ovarian cyst in a Javanese	
woman	
A A Haspels, MD, and P J Zuidema, MD	1410
Mitral valve prolapse and a Marfanoid	
habitus	
M K Davies, MRCP	1410
Effect of rubella vaccination	
programme in schools on rubella	
programme in schools on rubena	
immunity in a general practice	
immunity in a general practice population	
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel,	1411
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP	1411
Immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin	
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP	
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally	
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden	1411
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH	1411
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH Points Case clustering in pityriasis rosea	1411
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E	1411
immunity in a general practice population S C Rowlands, MRGGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services:	1411
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services: a personal view (H K Ford); Late delivery	1411
immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services: a personal view (H K Ford); Late delivery of "BMJ" (B von Preyss); Thin students	1411
 immunity in a general practice population S C Rowlands, MRGP, and R G H Bethel, MRGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services: a personal view (H K Ford); Late delivery of "BMJ" (B von Preyss); Thin students for thin medical schools (T J Coats); A 	1411
immunity in a general practice population S C Rowlands, MRGGP, and R G H Bethel, MRGGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services: a personal view (H K Ford); Late delivery of "BMJ" (B von Preyss); Thin students for thin medical schools (T J Coats); A plain man's guide to the management of	1411
 immunity in a general practice population S C Rowlands, MRGGP, and R G H Bethel, MRGGP. Conversion to U100 insulin B Thalayasingam, MRCP. Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH. Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services: a personal view (H K Ford); Late delivery of "BMJ" (B von Preyss); Thin students for thin medical schools (T J Coats); A plain man's guide to the management of migraine (M Segal); Non-smoking: a 	1411
 immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP. Conversion to U100 insulin B Thalayasingam, MRCP. Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCFSYCH. Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services: a personal view (H K Ford); Late delivery of "BMJ" (B von Preyss); Thin students for thin medical schools (T J Coats); A plain man's guide to the management of migraine (M Segal); Non-smoking: a feature of ulcerative colitis (G Laszlo); 	1411
 immunity in a general practice population S C Rowlands, MRGGP, and R G H Bethel, MRGGP Conversion to U100 insulin B Thalayasingam, MRCP Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCPSYCH Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services: a personal view (H K Ford); Late delivery of "BMJ" (B von Preyss); Thin students for thin medical schools (T J Coats); A plain man's guide to the management of migraine (M Segal); Non-smoking: a feature of ulcerative colitis (G Laszlo); Rubella prevention: two methods com- 	1411
 immunity in a general practice population S C Rowlands, MRCGP, and R G H Bethel, MRCGP. Conversion to U100 insulin B Thalayasingam, MRCP. Planning services for the mentally handicapped: a look at Sweden D Chakraborti, MRCFSYCH. Points Case clustering in pityriasis rosea (J A Stewart); Dr Michel Odent (Janet E Willis); Advantages of deputising services: a personal view (H K Ford); Late delivery of "BMJ" (B von Preyss); Thin students for thin medical schools (T J Coats); A plain man's guide to the management of migraine (M Segal); Non-smoking: a feature of ulcerative colitis (G Laszlo); 	1411

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Hospice care for children

SIR,-Minerva (24 April, p 1275) asks whether infants whose death is inevitable could be transferred to a hospice environment where they may be cared for and allowed to die in an atmosphere of peace and dignity. Until now such an idea might have seemed impossible, not least because no such facility exists. In recent years there has been an increasing amount of interest in developing terminal care for children along the lines followed so successfully by the adult hospice movement. In America Martenson¹ and Lauer and Camitta² have described successful programmes of home care for children with terminal cancer, while in this country Chapman and Goodall³ have published their advice on symptom control in ill and dying children.

While terminal care within a child's own home may be the ideal, circumstances often make this impossible. The alternative is usually for the child to be nursed in an acute

hospital ward. While the care in such a setting will be first class, it is of necessity directed principally towards cure. In such a busy environment it is exceedingly difficult to provide peace, tranquillity, and above all time, which is so desperately needed both by the dying child and by his whole family. Motivated by these considerations and by the unhappy illness of Helen, who suffered permanent brain damage after surgery for a cerebral tumour, the Society of All Saints in Oxford is building a hospice for children to be known as Helen House.4

Helen House will open in October 1982 and will provide its facilities to gravely ill children and their families when specialist hospital care is not considered necessary or advisable. Admission to Helen House will usually be for short periods to provide intermittent relief to the family, although children will also be able to come to Helen House to stay at short notice, where this is necessary. At all times the aim will be to help families to care for their child in his or her own home as far as possible.

Although Helen House will provide facilities for terminal care the numbers involved will not thankfully be large. The other and larger group of children who will be helped are those like Helen herself who have permanent severe illness or grave handicap and are capable of being cared for at home with the continuing support and constant availability of a hospice.

S R BURNE

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¹ Martenson IM. In: Saunders C, Summers DH, Teller N, eds. Hospice, the living idea. London: Edward Arnold, 1981;43-53.
 ² Lauer ME, Camitta BM. J Pediatr 1980;97:1032-5.
 ³ Chapman JA, Goodall J. Journal of Maternal and Child Health 1980;5:144-54.
 ⁴ Farrow G. Nursing Times 1981;12 August: 1433-4.