BRITISH MEDICAL JOURNAL

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PROCUREMENT SECTION CURRENT SERIAL RECORDS

SATURDAY 15 MARCH 1986

Risk of AIDS to health care workers ALASDAIR M GEDDES	Ampoules, infusions, and filters DEREK G WALLER, CHARLES F GEORGE 714 Drugs for poor sleepers? IAN OSWALD 715 Towards estimation and confidence intervals M J S LANGMAN 716
CLINICAL RESEARCH • PAPERS AND SH	
Amodiaquine induced agranulocytosis: inhibition of colony growth in	
An early marker of fetal infection after primary cytomegalovirus infect	
Amodiaquine induced agranulocytosis and liver damage KLAUS A NEF Is vomiting during pregnancy teratogenic? MARK A KLEBANOFF, JAMES I	TEL, WERNER WOODTLY, MARTIN SCHMID, PAUL G FRICK, JÖRG FEHR 721
Rubella vaccination and pregnancy: preliminary report of a national st	irvev
Alveolitis after use of a leather impregnation spray G M WRIGHT, A LEE	
Serious interaction between cyclosporin A and sulphadimidine DK JO	
Pyoderma gangrenosum after cholecystectomy A J CARR, R C PERCIVAL Meningitis and pneumonia due to novel multiply resistant pneumococ	ci
KEITH P KLUGMAN, HENDRIK J KOORNHOF, VALERIE KUHNLE, STEVEN D MI	ILLER, PHILIP J GINSBURG, ALFRED C MAUFF
Admission of demented old people to psychiatric units: an assessment of Unreviewed Reports—Bullous eruption after cinoxacin and ultraviolet embolism (MANN and LANG), Overdose of chlormezanone (KIRKHAM a (BROWN and WILLIAMS), Aortogastric fistula after operation for bleed	t A light (HIGHET), Atrial natriuretic peptide in acute pulmonary and EDELMAN), Irreversible renal transplant failure after enalapril
sulphasalazine (SURYAPRANATA ET AL)	
Detoxification from alcohol at home managed by general practitioners Reflections on Practice: Does writing in the "BMJ" bring about change	733 736
MEDICAL PRACTICE	
Neonatal screening for sickle cell diseases in Camberwell: results and	
MARY E C HORN, MOIRA C DICK, BEVERLY FROST, L R DAVIS, A J BELLINGHA	M, C ERIC STROUD, J W STUDD
For Debate: The general surgeon MILES IRVING	
ABC of Spinal Cord Injury: Later management and complications—II Statistics in Medicine: Confidence intervals rather than P values: es	
	timation rather than hypothesis testing
Letter from Chicago: Not an offer to sell GEORGE DUNEA	
The Savage Case: The final week: paediatricians' evidence CLARE D	752 752
Any Questions?	740 742 752 754
Medicine and Books	755
Medicine and the Media—Contribution from CAROLINE RICHMOND	754
Personal View PRODGERS	
CORRESPONDENCE—List of Contents	SUPPLEMENT
OBITUARY 772	The Week
NEWS AND NOTES	From the council: GMC asked to reconsider advice on
Views	confidentiality and the under 16s
Medical News	DHSS's revised guidance on contraceptive services for
BMA Notices 770 One Man's Burden MICHAEL O'DONNELL 771	young people
One Ivian S Duruell MICHAEL O DONNELL	Health professions' continued concern over NHS funding 782

759

CORRESPONDENCE

Whose data are they anyway? M Pringle, MRCGP, and Sally Robins, BSC; D Wise, FRCP; J Oldroyd, FRCGP	759	Generic prescribing J L Hayward, FRCS, and I S Fentiman, FRCS Data corruption	762	,,	765
Urgent need for changes in recommendations on pertussis immunisation A Nicoll, MRCP	760	M A Walker, FRCSED, and others	762 763	Inhuman demands on doctors C J Groves, MB	76
The future of BCG vaccination K M Goel, FRCP, and P Galea, MRCP Vagal slowing of the heart during haemorrhage A J Marshall, MD, and J Berth-Jones, MRCP	760 760	Role of computed tomography in assessing "operability" of bronchial carcinoma R Milroy, MRCP, and others; J Weir, FRCR,		R M Burton, FRCOG Surgical treatment of male pattern baldness I L Burton, FRCP	76: 76:
Bradycardia and hypotension D W Ryan, FFARCS	760	and others	763	Points Percutaneous electrohydraulic litho- tripsy of retained bile duct calculus (Anne	76
Population study of causes, treatment, and outcome of infertility HEReiss, FRCOG	761	B Sethia, FRCS	763	Hemingway and D J Allison) Does hospital noise disturb patients? (N J Boulter and M J M Boulter); Chester	70
Totally implantable vascular access for long term chemotherapy P J Woll, MRCP, and R D Rubens, FRCP	761	and B F Walker; R Purkiss	763	porphyria (J Andrews); Occupationless health (C Preston); Heart failure and breast enlargement suggesting cancer (W J G	
Function of an ophthalmic "accident and emergency" department S A Vernon, FRCS	761	Simpson Nephrotic syndrome presenting after acute	764	Murray and P S Kiff); Management of depression in general practice (N Macleod); Hepatitis B in a West Indian population in the	
Hypocalcaemia or hypoalbuminaemia? M J Waterson, MRCPATH, and M N Fahie- Wilson, MPHIL; I A D Bouchier, FRCP; V	7/1	decompression P Wilmshurst, MRCP Employees with epilepsy in the NHS	764	United Kingdom (J Barbara and others); Toxicity of vitamins (D S McLaren); Recommendation increase private practice	76
Fonseca, MRCP, and C W H Havard, FRCP	761	T A Betts, MRCPSYCH	764	fees by 10% (E Blackadder)	/00

Because we receive many more letters than we have room to publish we may shorten those that we do publish to allow readers as wide a selection as possible. In particular, when we receive several letters on the same topic we reserve the right to abridge individual letters. Our usual policy is to reserve our correspondence columns for letters commenting on issues discussed recently (within six weeks) in the BMJ.

15 MARCH 1986

Letters critical of a paper may be sent to the authors of the paper so that their reply may appear in the same issue. We may also forward letters that we decide not to publish to the authors of the paper on which they comment.

Letters should not exceed 400 words and should be typed double spaced and signed by all authors, who should include their main degree.

Whose data are they anyway?

SIR,—Access to computer files will become a legal right this year. Despite the interest this has prompted in the whole idea of patient access to records (1 March, pp 577, 578, 595, 596), the idea is not new.¹²

BRITISH MEDICAL JOURNAL VOLUME 292

We administered a questionnaire to 100 consecutive patients attending the surgeries of a general practitioner. One of four versions of the questionnaire was given to each patient after his consultation. Version 1 consisted of a sheet of questions about "today's consultation" concerning waiting time, length of consultation, adequacy of the doctor's examination, agreement with his opinion, understanding of management, and whether a written copy of his opinion and advice would have been useful. The other versions consisted of the same first sheet and an additional sheet containing a written consultation record and specific questions about its value, but differing in the way the doctor had written his summary. Version 2 contained an exact copy of the doctor's own consultation notes; version 3 had all abbreviations expanded; and version 4 contained information only about the diagnosis and the management plan.

Responses to the questions on sheet one did not differentiate between the four groups, and little opposition was expressed to any aspects of "today's consultation." Nineteen patients thought that a written copy of the doctor's opinions and advice would have been useful to take home. An open question about problems which might consequently arise elicited "no problem" from 70% of respondents, but 13 mentioned confidentiality, seven the time and work involved, and 11 problems about understanding the information.

Replies on the second sheet differentiated between the groups in terms of the patient's understanding of what was written. Eight of the 25 patients with an exact copy of the doctor's record failed to understand parts of the account, with one marking seven incomprehensible sections. Complete understanding was claimed in the other two groups. When asked specifically about the resulting problem of confidentiality, 42 thought this could be a problem. However, most respondents to the second sheet of questions thought such a written record to be of value. Fifty agreed that it would help to increase patients' knowledge; 54 agreed that it would help patients to follow advice; 48 thought it would increase the patients' satisfaction with their doctor's care.

While the case of a trainee chef wrongly recorded as a heroin addict is extreme, the findings of Ms Molly Baldry and others (p 596) have shown that mistakes could be corrected and health better understood if patients could read their medical records. While only a fifth of patients in our study thought a copy of their consultation notes would be useful in theory, over two thirds were in favour once they had seen an example. This was mirrored by increased appreciation of the potential problems.

Merely handing the medical record envelope to a patient is insufficient. We have shown a high degree of failure on the part of patients to understand records in the doctor's idiom. If medical records are to be useful to patients four criteria must be met. The record must be legible; it must be translated into terms familiar to the patient; it should be interpreted to the patient; and the patient should be encouraged to express fears and discuss the contents.

Doctors adopting the policy of open access to patient records must find time to edit the records, removing confidential letters and information which may be distressing, to translate the record into readable form, and to discuss the contents with the patient.

MIKE PRINGLE SALLY ROBINS

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- 1 Metcalfe DHH. Why not let patients keep their own records? J R Coll Gen Pract 1980;30:420.
- 2 Dowell T. Personal medical record card. Br Med J 1983;286: 526-7.
- 3 Kent A. Lies, damn lies and records. BMA News Review 1985;11:14-5.

SIR,—Amidst all the articles in the *British Medical Journal* and *BMA News Review* extolling the virtues of patients having access to their records, it was a relief to read the opposing argument of Mr Alexander P Ross (1 March, p 578). If patients were permitted to read their files many facts as well as opinions would have to be omitted.

Who has time to calm a nervous young woman who has found from her records that her sore throat has led to tests for syphilis and leukaemia? Moreover, it is not just a matter of avoiding unnecessary anxieties that would take a long time to allay: as I am a general physician with an interest in clinical genetics and an awareness of social factors in disease my notes contain much material that is essential for correct management but has been supplied in confidence by relatives and friends. If the disastrous decision were made to allow patients access to earlier records that were not written for their eyes certain patients of mine would learn one or more of these painful facts: that their father is not their biological father, that they are the offspring of incest, that their small size is