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EDITOR'S CHOICE

The drive to reduce unnecessary exposure of patients to radiation is hugely important and gaining momentum. The Royal College of Radiologists has followed up its 1987 report on the subject with a baseline study looking at what was happening before the guidelines were introduced (p 809): it confirms that probably a fifth of radiographs taken in Britain were clinically unhelpful; shows that referral rates varied as much as 25-fold; and discovers that five of six centres investigated could not meet the requirements of the 1988 Ionising Radiation Regulations. An accompanying audit of 100 patients referred for radiography of the lumbar spine showed that half of the radiographs were unnecessary (p 813). Roger Chisholm hopes in an .

editorial that the college's guidelines will help translate the intention to reduce unnecessary exposure into reality (p 797). Another drive that is under way in Britain and many other countries is to reduce the hours that junior doctors have to work. Many junior doctors are angry about the slow progress, but today Stephen Hunter, a medical politician who has made his name by tackling the issue, starts a series of articles explaining why reform has proved so difficult (p 840). Finally, the Human Fertilisation and Embryology Act has thrown up some legal bizarrerie. Peter Brinsden points out in a letter (p 851) that because of the act he is not allowed to talk to anybody—not even his own lawyer—about an accusation made about him by a patient.