

Early termination of drug trials, p 326



A quicker death? p 329



EDITORIALS

- 323 Partner notification for the control of STIs Assisting patients in disclosing their diagnosis to partners is the biggest priority, say Catherine Mathews and David Coetzee » Research p 354
- **324 Reducing the carbon footprint of medical conferences** Doctors must lead by example, argue lan Roberts and Fiona Godlee
- **325 Reassuring patients about normal test results** Face to face communication is effective, say Donald Penzien and Jeanetta Rains *» Research p 352*
- **326 Early termination of drug trials** Gorm Boje Jensen and John Hampton consider the ramifications

LETTERS

327 Suicide risk

IQ and vegetarianism

328 Endometriosis Racism in the NHS

NEWS

- 329 NHS should strengthen links with poor countries Dying woman seeks backing to hasten death
- 330 The eyes have it Patients' organisations "are being set up to fail" What open access will mean for peer review
- 331 UK is behind in terms of children's welfare Government should lead in preventing injuries
- 332 Portugal is ready to decriminalise abortion Commission for Racial Equality reviews DoH Texas decision to vaccinate girls against HPV
- 333 Court rejects challenge to UK work restrictions
- Internet doctor put patients at risk, GMC told Breast cancer mortality in Europe is still rising
 Doctor, doctor: I got the fever, you got the cure
- 336 SHORT CUTS What's new in the other general journals

FEATURE

338 Who's funding WHO?

OBSERVATIONS

341 LIFE AND DEATH Out of hours primary care—a shambles? Iona Heath

342 THE WEEK IN MEDICINE

Hunting down the H5N1 virus Rebecca Coombes

WHAT'S ON BMJ.COM

How much are doctors worth: the debate continues lan Quigley, Richard Rosin

HEAD TO HEAD

344 Are we spending too much on HIV Roger England says yes, Paul de Lay and colleagues say no

ANALYSIS

- 346 Uninsured in America: problems and possible solutions Failure to ensure access to health care for all lies at the heart of the US failure to achieve value for money, says Karen Davis
- 349 When are randomised trials unnecessary? Picking signal from noise

The relation between a treatment and its effect is sometimes so dramatic that bias can be ruled out as an explanation. Paul Glasziou and colleagues suggest how to determine when observations speak for themselves

RESEARCH, CLINICAL REVIEW, AND PRACTICE

See next page

VIEWS AND REVIEWS

PERSONAL VIEW

369 How to make the prices of new drugs fairer Julio Sotelo

COLUMNISTS

370 A gangster rap Des Spence Patients keep out

- James Owen Drife
- 371 We shall never see his like again Theodore Dalrymple

MEDICAL CLASSICS

The Strange Case of Dr Jekyll and Mr Hyde Fiona Subotsky

372 REVIEW OF THE WEEK A bridge over troubled waters Piyal Sen

OBITUARIES

373 Harry Macholin Ottway Brown, James Shiels Jeffrey, Bent Einer Juel-Jensen, Donald MacVicar, David Robert Scarfe, Robert Woolstencroft

MINERVA

374 Why appendicitis in children is a difficult diagnosis, and more

FILLERS

- 357 It's not about enjoyment
- 361 The dizzy clinic and the dictionary (etymology and otology)
- 365 Hardest job in the world



BM



Michael Day investigates how rigorous WHO is in not accepting money from drug companies



Horoscow

Sexually transmitted infections, p 354

Informed reassurance helps, p 352

RESEARCH

352 Effect of providing information about normal test results on patients' reassurance: randomised controlled trial

Patients whose exercise stress tests were preceded by discussion about normal test results reported less chest pain up to a month later than those who just got a pamphlet or no such advice >> Editorial p 325

Keith J Petrie, Jan Tobias Müller, Frederike Schirmbeck, Liesje Donkin, Elizabeth Broadbent, Christopher J Ellis, Greg Gamble, Winfried Rief

354 Improved effectiveness of partner notification for patients with sexually transmitted infections: systematic review

Patients with chlamydia or gonorrhoea who gave information, tests, or treatment to their partners at home then had lower risks of persistent or recurrent infection

» Editorial p 323

Sven Trelle, Aijing Shang, Linda Nartey, Jackie A Cassell, Nicola Low

CLINICAL REVIEW

358 Sinusitis and its management Kim W Ah-See, Andrew S Evans

PRACTICE

362 Reduction of bloodstream infections associated with catheters in paediatric intensive care unit: stepwise approach A succession of interventions, including barrier precautions, use

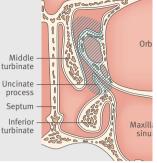
of antibiotic impregnated central venous catheters, hand washing campaigns, and a change of skin disinfectant, produced sustained reductions in rates of catheter associated infections

Adnan Bhutta, Craig Gilliam, Michele Honeycutt, Stephen Schexnayder, Jerril Green, Michele Moss, KJS Anand

366 Postpartum splinting of ear deformities

Postpartum splinting can completely correct congenital ear deformities and obviate the need for later surgery

Andrew J Lindford, Shehan Hettiaratchy, Fabrizio Schonauer





Sinusitis, p 358

Splinting for deformities, p 366

ONLINE FIRST

Anticoagulation for three versus six months in patients with deep vein thrombosis or pulmonary embolism, or both: randomised trial I A Campbell, D P Bentley, R J Prescott, P A Routledge, H G M Shetty, I I Williamson

Sex ratio and time to pregnancy: analysis of four large European population surveys

Mike Joffe, James Bennett, Nicky Best, Tina Kold Jensen

Folic acid supplements and risk of facial clefts: national population based case-control study

Allen J Wilcox, Rolv Terje Lie, Kari Solvoll, Jack Taylor, D Robert McConnaughey, Frank Åbyholm, Hallvard Vindenes, Stein Emil Vollset, Christian A Drevon

Rapid diagnostic tests compared with malaria microscopy for guiding outpatient treatment of febrile illness in Tanzania: randomised trial

Hugh Reyburn, Hilda Mbakilwa, Rose Mwangi, Ombeni Mwerinde, Raimos Olomi, Chris Drakeley, Christopher J M Whitty

Effect of reducing caffeine intake on birth weight and length of gestation: randomised controlled trial

Bodil Hammer Bech, Carsten Obel, Tine Brink Henriksen, Jørn Olsen

Oral chemotherapy safety practices at US cancer centres: questionnaire survey

Saul N Weingart, Jonathan Flug, Daniela Brouillard, Laurinda Morway, Ann Partridge, Sylvia Bartel, Lawrence N Shulman, Maureen Connor

Side effects of phenobarbital and carbamazepine in childhood epilepsy: randomised controlled trial

Selina H Banu, Moshrat Jahan, Umme Kulsum Koli, Saadia Ferdousi, Naila Z Khan, Brian Neville

BMJ

17 February 2007 Vol 334

The Editor, BMJ BMA House, Tavistock Square, London WC1H 9JR editor@bmj.com T +44 (0)20 7387 4499 F +44 (0)20 7383 6418 BMA MEMBERS' INQUIRIES membership@bma.org.uk 020 7383 6599 **BMJ CAREERS ADVERTISING** sales@bmjcareers.com 020 7383 6531 DISPLAY ADVERTISING sales@hmi.com 020 7383 6350 REPRINTS reprints@bmj.com UK/ROW: 020 8445 5825 US: +1 856 489 4446 SUBSCRIPTIONS

BMA Members membership@bma.org.uk +44 (0)20 7383 6955 Non-BMA Members

subscriptions@bmj.com +44 (0)20 7383 6270 For "Who is Who" at the BMJ see bmj.com/contacts For advice to contributors see bmj.com/advice To submit an article go to submit.bmj.com



The BMJ is published by BMJ Publishing Group Ltd, a wholly owned subsidiary of the British Medical Association.

The BMA grants editorial freedom to the Editor of the BMJ. The views expressed in the journal are those of the authors and may not necessarily comply with BMJ policy. The BMJ follows guidelines on editorial independence produced by the World Association of Medical Editors (www.wame. org/wamestmt.htm#independence) and the code on good publication practice produced by the Committee on Publication Ethics (www. publicationethics.org.uk/guidelines/).

The BMJ is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors' institutions, the BMJ Publishing Group, or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group shall not be liable for any loss, injury, or damage resulting from the use of the BMJ or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on.

©BMJ Publishing Group Ltd 2007 All Rights Reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any other means, electronic, mechanical, photocopying, recording, or otherwise, without prior permission, in writing, of the BMJ

US second class postage paid at Rahway, NJ. Postmaster: send address changes to BMJ, c/o Mercury Airfreight International Ltd Inc, 356 Blair Road, Avenel, NJ 07001, USA. \$640. Weekly Printed by Precision Colour Printing Limited



THE WEEK IN NUMBERS **2 million** Visits of unintentionally injured children annually to emergency departments in the UK (News p 331)

4-10% Incidence of infections acquired by patients in European hospitals (Practice p 362)

2% Cases of sinusitis complicated by bacterial infection; sinusitis is generally triggered by viral infection of the upper respiratory tract (Clinical review p 358)

2.8 million Deaths a year caused worldwide by HIV (Head to head p 344)

59% Proportion of voters in Portugal who want the law reformed to allow abortion up to the 10th week of pregnancy (News p 332)

PICTURE OF THE WEEK

The Reward of Cruelty, Plate IV of *The Four Stages of Cruelty* by William Hogarth, exhibition at Tate Britain, London, until 29 April.

This 1751 etching and engraving shows the dissection of highway robber Tom Nero for the purpose of studying anatomy, as was typical for executed criminals. Nero started his career of cruelty by torturing animals and was hanged for murdering his lover and partner in crime. "The whole scene indicts self interested, legalised cruelty," says Hogarth's biographer, Jenny Uglow.

THE WEEK IN QUOTES

"Peer review will become the job of the many, not the select few" (News p 330)

"We are concerned about the Department of Health ... they have not been meeting their obligations under the law" (News p 332)

"The royal colleges are gangs—their membership marked by polyester association ties, polymix suits, and comfortable shoes" (Personal view p 370)

"They were given the impression that they'd be able to spend their whole careers in the UK. Then the rules changed and many were forced to leave." (News p 333)

"It was said the patients were sending messages to the Luftwaffe from the hospital roof" (Between the lines p 371)



ON THE COVER

Are we spending too much on HIV? See Head to Head, p 344

COVER IMAGE: NIBSC/SCIENCE PHOTO LIBRARY

PLUS

In this week's BMJ careers

Gore or glamour Junior doctors' welfare officer A career in public health Fifteen minute interview with John Geddes

Articles appearing in this print journal are likely to have been shortened. To see the full version of articles go to bmj.com.

bmj.com also contains material that is supplementary to articles: this will be indicated in the text (references will be given as w1, w2, etc) of the article and be labelled as *extra* on bmj.com.

EDITOR'S CHOICE

Controversies revisited

Last September Malcolm Potts and colleagues caused a small furore in our rapid responses by suggesting that some interventions were so obviously effective that they did not need evidence from randomised controlled trials. Correspondents took them to task over their specific examples (misoprostol for postpartum haemorrhage and circumcision for preventing HIV transmission, but, interestingly, not for oral rehydration therapy) or simply for arguing that "obviousness" was a reasonable criterion.

This week Paul Glasziou and his colleagues tease out some criteria for when observations may speak for themselves (p 349). Their analogy is that of the signal to noise ratio: "how much difference between the treatment outcome (signal) and the natural outcome (noise) is enough? We know that confounding is common and often not obvious; indeed, this was the basis for inventing randomised controlled trials." But there may be some cases where the signal is strong enough. They suggest that a relative rate between the effects and the natural outcome of over 10 is highly likely to reflect a real treatment effect. One of their examples is the "mother's kiss" technique for removing a foreign body from an infant's nostril: this, they show in a single case, has a rate ratio of 1440. Will they get a better hearing than Potts et al?

Another controversy revisited in this week's issue is how healthcare organisations should conduct their relationships with the pharmaceutical industry (p 338). Michael Day seems to tell a simple story: the WHO can't take money from commercial organisations, but it can take it from patients' organisations. So when a WHO division seeks help in funding a report on neurological diseases it talks to a patient organisation, who in turn asks a drug company, which offers funds—which WHO then suggests would have to be seen to come from the patient organisation not the drug company. Except in this case the drug company didn't like the lack of transparency and withdrew the funds and the WHO official said he never meant to ask for the money. The picture is muddled because drug companies are sensitive about their relationships with patient organisations and WHO is cautious of the constraining influence of some relationships with industry.

While some people worry about where money comes from, others worry more about how wisely it is spent. In this week's Head to Head Roger England piles up evidence that spending on HIV is disproportionate to the burden of disease it causes, to the proportion of deaths, to the costs per DALY averted (p 344). And "because HIV interventions are not integrated into health services this excessive spending is not effective." Paul de Lay and colleagues, however, point out that 31% of communicable, maternal, perinatal, and nutritional conditions were attributable to HIV and by 2030 it will be the third highest contributor of DALYs globally (p 345) . They both agree on the need for stable funding for all international health and development, and England suggests that the Global Fund for AIDS should abandon disease specific support to become that fund. Jane Smith deputy editor (jsmith@bmj.com) WHAT'S NEW AT THE BMJ GROUP

International Forum on Quality

& Safety in Health Care 18 – 20 April 2007, Barcelona Registration now open at www.quality.bmjpg.com

BMJ Learning

Log on to the best available learning service for medical professionals. Choose from over 300 modules to test and improve your clinical knowledge. New content is added weekly. Visit: www.bmjlearning.com



Happy Birthday to Journal of Epidemiology and Community Health

Covering all aspects of epidemiology and public health, this authoritative journal continues to evolve in its 60th year of publication. With a rising impact factor, *JECH* features original research, opinions, and materials concerned with both the study and progress being made in improving global health. www.jech.bmj.com

BMJ Masterclass in Geriatric Medicine

Wednesday 9 May 2007 Goodenough College, London Register at www.bmjmasterclasses.com

Visit bmjgroup.bmj.com for the latest news from the BMJ Group.

BMJ^{Group}