

Unicef's emergencies appeal, p 352



Mike Pringle on the NHS IT programme, p 356



e-records: reasons to be cheerful, p 390



Russian doyen of space medicine dies, p 394

#### **EDITORIALS**

- 337 Functional status and long term outcome of stroke Despite undoubted progress, we still have much to do, say Helen Rodgers and Richard Thomson >> Research p 376
- 338 Self management training in refractory angina May improve health related quality of life and cut treatment costs, say Michael McGillion, Heather Arthur, Paulin Andréll, and Judy Watt-Watson
- 339 Interpreting trends in fecundity over time
  Is complicated by the lack of direct markers, say
  Jens Peter Ellekilde Bonde and Jørn Olsen
- **340 Quality failures in the NHS**Changes in leadership and culture are needed to improve learning from mistakes, says Chris Ham
- 341 Stronger European medical research Needs investment in people, not simply more money, says Trish Groves

#### **LETTERS**

- 343 Preventing falls
- 344 Measuring patient care; Osteoarthritis of the knee
- 345 Presumed consent; Safety and the flying doctor; Managing "problem" juniors; Drug company payments
- 346 Double blind peer review; Inguinal hernias; Workwear for doctors; GPs criticise otalgia article

#### **NEWS**

- 347 Doctors from different medical schools vary in later postgraduate exams
  - Coronary artery disease in US may no longer be declining
- 348 Parents are sentenced to prison for not vaccinating children
  - Ugandan patients don't get the AIDS drugs they need French doctors are tried for treating children with infected human growth hormone
- 349 Commercialisation of health care in US raises costs
- 350 Patients face long waits for audiology services and treatment by non-specialists

  Home Office rules will cut postgraduate training applications
- 351 BMA advises GPs on longer opening hours
- 352 Unicef seeks \$900m for children and women affected by 39 emergencies
- 353 Inquiry finds scientists collaborated with Nazis

Industry's push to woo nurses helped by journals

Doctor-population ratio grows in UK from 2000

#### **SHORT CUTS**

354 What's new in the other general journals

#### **FEATURE**

356 No job for the spineless

Michael Cross talks to Mike Pringle as he stands down from his role in the NHS information technology programme >>> Personal view p 390

#### **HEAD TO HEAD**

358 Should doctors advocate snus and other nicotine replacements?

John Britton says yes; Alexander Macara says no

#### **OBSERVATIONS**

LIFE AND DEATH

**360** An open letter to the prime minister Iona Heath

#### **ANALYSIS**

361 Use of randomised trials to decide when to monitor response to new treatment

Is monitoring initial response to treatment always helpful in clinical management of patients? Katy Bell and colleagues have developed a framework for deciding whether surrogate outcomes should be used to monitor initial response to treatment in chronic disease

## RESEARCH, CLINICAL REVIEW, AND PRACTICE See next page

#### **VIEWS AND REVIEWS**

#### **PERSONAL VIEW**

**390 e-records: reasons to be cheerful** Jonathan Gornall

#### **REVIEW OF THE WEEK**

391 The Presence John Quin

#### COLUMNISTS

- **392 Zero tolerance** Des Spence
  - The mother ship has come in Liam Farrell
- **393** Singing the royal blues Theodore Dalrymple

#### MEDICAL CLASSICS

393 The Oxford Handbook of Clinical Medicine David Warriner

#### **OBITUARIES**

394 Oleg Georgievich Gazenko; Vera Archer Giles; Keith Edmund Edwin Hubble; Gordon John Ker; Kevin McCarthy; James Harper Milligan; John Matheson Ritchie; Margaret Shinton

#### **MINERVA**

396 Marriages between distant cousins in Iceland, and other stories

#### **FILLERS**

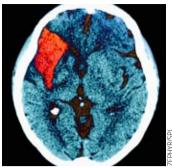
- 365 The "Chinese room" argument and patient education
- 375 Call for papers: sport and exercise medicine
- Tale of the unexpected







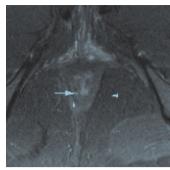
Post-traumatic stress disorder in Iraq and Afghanistan, p 366



Functional status at six months in patients with ischaemic stroke and survival, p 376



Management of haemorrhoids, p 380



Investigating perianal pain, p 387

#### **RESEARCH**

#### 366 New onset and persistent symptoms of post-traumatic stress disorder self reported after deployment and combat exposures: prospective population based US military cohort study

In around 50 000 personnel deployed in Iraq and Afghanistan by early 2006 exposure to combat was associated with a threefold increase in new onset PTSD

Tyler C Smith, Margaret A K Ryan, Deborah L Wingard, Donald J Slymen, James F Sallis, Donna Kritz-Silverstein, for the Millennium Cohort Study Team

#### 371 Inequalities in mortality during and after restructuring of the New Zealand economy: repeated cohort studies

During this natural experiment in the 1980s and 90s rates of poverty rose and the relative mortality gap between rich and poor widened Tony Blakely, Martin Tobias, June Atkinson

### 376 Impact of functional status at six months on long term survival in patients with ischaemic stroke: prospective cohort studies

Six months after stroke patients needing a lot of help with daily activities had poor long term survival and only 45% with severe disability survived five years

Karsten Bruins Slot, Eivind Berge, Paul Dorman, Steff Lewis, Martin Dennis, Peter Sandercock, on behalf of the Oxfordshire Community Stroke Project, the International Stroke Trial (UK), and the Lothian Stroke Register

» Editorial p 337

#### **CLINICAL REVIEW**

#### 380 Management of haemorrhoids

Austin G Acheson, John H Scholefield

#### **PRACTICE**

#### 384 Teaching rounds: Teaching when time is limited

Teaching in small increments of time during patient care can provide powerful learning experiences for trainees. This article explores the ways that clinical teachers might do this in a time efficient way David M Irby, LuAnn Wilkerson

#### 387 Rational imaging: Investigating perianal pain of uncertain cause

This article explores the radiological investigations available to diagnose perianal pain of unknown cause, with particular reference to perianal sepsis

Rebecca Greenhalgh, C Richard Cohen, David Burling, Stuart Andrew Taylor

#### **RESEARCH PUBLISHED AHEAD OF PRINT**

Effects of acupuncture on rates of pregnancy and live birth among women undergoing in vitro fertilisation: systematic review and meta-analysis

BMJ, doi:10.1136/bmj.39471.430451.BE

Eric Manheimer, Grant Zhang, Laurence Udoff, Aviad Haramati, Patricia Langenberg, Brian M Berman, Lex M Bouter

Rates of medication errors among depressed and burnt out residents: prospective cohort study

BMJ, doi:10.1136/bmj.39469.763218.BE

Amy M Fahrenkopf, Theodore C Sectish, Laura K Barger, Paul J Sharek, Daniel Lewin, Vincent W Chiang, Sarah Edwards, Bernhard L Wiedermann, Christopher P Landrigan

Familial risk of oral clefts by morphological type and severity: population based cohort study of first degree relatives

BMI, doi:10.1136/bmi.39458.563611.AE

Åse Sivertsen, Allen J Wilcox, Rolv Skjærven, Hallvard Andreas Vindenes, Frank Åbyholm, Emily Harville, Rolv Terje Lie

#### **HOLD THE BACK PAGE!**

As you may have noticed, we recently combined the *BMJ* and *BMJ* Careers within one set of covers. This has presented some practical problems, one being the splitting up of the obituary pages. We intend to move the obituaries farther forward so the short and long obituaries are together again and, by doing this, we will gain a page for editorial content at the back of Minerva.

We want this to be a fun, interactive medical education page. We are exploring various options, including a regular statistics question, a picture quiz with radiological and clinical images, a short interactive case report, and medical sudoku. If you would like to comment on these suggestions or have any of your own, please contact Amy Davis (adavis@bmj.com).





# BMI

16 February 2008 Vol 336

The Editor, BMJ BMA House, Tavistock Square, London WC1H 9JR

Email: editor@bmj.com Tel: +44 (0)20 7387 4499 Fax: +44 (0)20 7383 6418

BMA MEMBERS' INQUIRIES Email: membership@bma.org.uk Tel: +44 (0)20 7383 6642

BMJ CAREERS ADVERTISING Email: sales@bmjcareers.com

Email: sales@bmjcareers.coi Tel: +44 (0)20 7383 6531

DISPLAY ADVERTISING Email: sales@bmjgroup.com Tel: +44 (0)20 7383 6350

REPRINTS

UK/Rest of world Email: ngurneyrandall@bmjgroup.com Tel: +44 (0)20 8445 5825

Email: mfogler@medicalreprints.com Tel: +1 (856) 489 4446

SUBSCRIPTIONS BMA Members

Email: membership@bma.org.uk Tel: +44 (0)20 7383 6642

Non-BMA Members Email: subscriptions@bmjgroup.com Tel: +44 (0)20 7383 6270

OTHER RESOURCES

For all other contacts: resources.bmj.com/bmj/contact-us For advice to authors: resources.bmj.com/bmj/authors To submit an article: submit.bmj.com

### $\mathrm{BMI}^{\mathsf{Group}}$

The BMJ is published by BMJ Publishing Group Ltd, a wholly owned subsidiary of the British Medical Association.

The BMA grants editorial freedom to the Editor of the BMJ. The views expressed in the journal are those of the authors and may not necessarily comply with BMA policy. The BMJ follows guidelines on editorial independence produced by the World Association of Medical Editors (www.wame.org/wamestmt. htm#independence) and the code on good publication practice produced by the Committee on Publication Ethics (www.publicationethics. org.uk/guidelines/).

The BMJ is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors' institutions, the BMJ Publishing Group, or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group shall not be liable for any loss, injury, or damage resulting from the use of the BMJ or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on.

©BMJ Publishing Group Ltd 2008 All Rights Reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any other means, electronic, mechanical, photocopying, recording, or otherwise, without prior permission, in writing, of the BMJ

Published weekly. US periodicals class postage paid at Rahway, NJ. Postmaster: send address changes to BMJ, c/o Mercury Airfreight International Ltd Inc, 365 Blair Road, Avenel, NJ 07001, USA. \$796. Weekly Printed by Precision Colour Printing Limited



#### PICTURE OF THE WEEK

People queuing for yellow fever vaccination as supplies begin to run out in Asuncion, Paraguay. The vaccinations are made in Brazil and are in short supply everywhere in the region after Brazil suspended exports and asked to borrow an additional four million doses of vaccine from global emergency stockpiles. The Brazilian Ministry of Health has reported a resurgence of the mosquito borne disease, with 48 cases, including 13 deaths.

#### THE WEEK IN NUMBERS

**3:1** Ratio of soldiers exposed to combat to those non-deployed who reported new symptoms of post-traumatic stress (Research p 366)

30% Prevalence of piles in GPs' patients in London (Clinical Review p 380)

**\$2.1 trillion** US spending on health care in 2006 (News p 349)

**60%** Proportion of people who use snus to quit smoking who become chronic users (Head to Head p 358)

**0.25%** Minimum amount of GDP that the European Medical Research Councils want spent on research within 10 years (Editorial p 341)

### THE WEEK IN QUOTES

"Interventions that reduce dependency at six months [after an ischaemic stroke] might have positive effects on long term survival" (Research p 376)

"Questions are the teacher's primary diagnostic tool" (Practice p 384)

"Rather than throwing them away, we tried to think of how [outlawed white coats] could be recycled" (Letter p 346)

"Big Brother will not be watching you. He has better things to do than snigger about your piles" (Personal View p 390)

"The deals [for GPs] from the government haven't been negotiated; they are inflexible" (News p 351)

#### EDITOR'S CHOICE

# Health, wealth, and politics



The idea that, in a developed country, more equal distribution of wealth is associated with better health is remarkably provocative. Can it be true? Is it a scientific or political theory? Does it have any place in a general medical journal?

The BMI pitched into this debate more than 10 years ago with a series of articles introduced by Richard Wilkinson, currently professor of social epidemiology in Nottingham (BMJ 1997;314:591). Now Tony Blakely and colleagues shed further light on the Wilkinson hypothesis (Research p 371). They examined trends in mortality in a natural experiment in New Zealand during the 1980s and 1990s, when economic reforms led to rapidly increasing and then decreasing levels of poverty and unemployment and widening income inequality. Overall, people in all income groups got healthier over time. But the gaps in mortality between people on high, middle, and low incomes widened as social inequalities increased: this was mainly due to cardiovascular disease, although rates tailed off and cancer started catching up in the 1990s. In adults aged 25-44 overall mortality barely improved over the two decades, and the association between relative poverty and early death—mostly from unintentional injury and suicide—strengthened. The authors cautiously conclude that their findings may be consistent with a causal association between social and economic inequalities and mortality, but they do not and cannot go further than that.

The analysis is complex and not easy to interpret. Our decision to publish this paper is at least partly explained by one of the peer reviewers' comments (on file) that "it is much easier to plough the well-tilled furrows of individual-level analysis of risk factors than to take on the methodological

challenges of mapping associations between trends in inequalities in health determinants and in health outcomes. Yet for an evidence-informed debate about policies to tackle widening health inequalities, it is precisely Blakely-style work that

If you're tempted to write off this week's BMJ as too political, don't miss the chance to learn more about survival in stroke (Research p 376, Editorials p 337) and the management of anorectal disorders (Clinical Review p 380, Practice p 387). But politics won't go away. Access to general practitioners has become a deeply politicised issue recently, and, as the BMJ went to press, we knew that the BMA was sending out advice to GPs on the government's plan to extend their opening hours (News p 351).

General practitioner Iona Heath writes an open letter to prime minister Gordon Brown and accuses him of offering the public "an unattainable diseasefree future [through treating every identifiable risk factor, the satisfaction of every wish, and an impossible availability of individual clinicians" (Observations p 360). Heath doesn't comment specifically on the issue of general practitioners' hours. Her concerns are about constructive joint working when politicians make promises that clinicians cannot keep.

The assumption that doctors and politicians should work together at all may seem alien to BMJ readers in many parts of the world. Here in the UK, however, every prime minister has to add to Bill Clinton's 1992 campaign slogan "it's the economy, stupid..." these three words: "...and the NHS."

Trish Groves deputy editor, BMJ tgroves@bmj.com

To receive Editor's choice by email each week, visit bmj.com/cgi/customalert

#### ON THE COVER

What's new in treating haemorrhoids? Clinical review, p 380

Articles appearing in this print journal are likely to have been shortened.

To see the full version of articles go to bmj.com. bmj. com also contains material that is supplementary to articles: this will be indicated in the text (references will be given as w1, w2, etc) of -the article and be labelled as extra on bmj.com.

#### WHAT'S NEW AT THE BMJ GROUP

#### Drug and Therapeutics Bulletin (DTB)—February issue

Reviews on grazax for hay fever, treating depression in alcohol misuse, and lidocaine plasters for post-herpetic neuralgia. dtb.bmj.com

#### International Forum on Quality and Safety in Health Care

22-25 April 2008 New website now live. Check out the programme highlights and confirmed speakers internationalforum.bmj.com

#### **BMI Masterclass for GPs: Paediatrics and Women's Health**

Monday 10 March—RCP, London. Early bird offer closing soon—save up to £35 Register now at masterclasses.bmj.com/GPs/paediatrics-womens-health

#### **Register with BMJ Group**

Receive the latest information and updates. group.bmj.com/registration

Visit BMJ Group at bmjgroup.bmjcom



#### **PLUS**

Career Focus, jobs, and courses appear after p 394.