

Cluster approach to disaster aid, p 597



Paracetamol with ibuprofen, p 593



Commercial research contracts, p 602



Julius Richmond has died, p 635

EDITORIALS

- 585 Academic performance of ethnic minorities in medical school May be adversely affected by negative stereotyping, say Phyllis Carr and Jonathon Woodson » Research, pp 611, 615
- 586 The self controlled case series method A way to study the relation between antipsychotic drugs and stroke, says Heather Whitaker » Research, p 616
- 587 Achieving the best from care in early labour Support improves women's experiences, but not clinical outcomes, say Helen Spiby and Mary J Renfrew » Research, p 618
- 588 Local accountability in the NHS Needs to be defined before objectives are set, using experience from elsewhere, says Robin Gauld
- 589 Patient confidentiality and consent to publication Protection for individuals makes it harder for doctors to share information, says Jane Smith >> Analysis, pp 608, 609, 610

LETTERS

- 591 Shortage of medical isotopes; Drug pricing scheme; Free prescriptions in Wales
- 592 European Working Time Directive
- 593 Paracetamol with ibuprofen; Biobanking; Tackling malaria today
- 594 Sex education; Ethnic stereotypes; Alexander technique

NEWS

- 595 Isotope shortage is cutting nuclear medicine capacity across Europe by more than half Academics draw up protocol for handling research misconduct
- 596 Uganda to double use of antiretrovirals Deaths from lung cancer in people who have never smoked are higher in men than in women
- 597 Cluster approach improves impact of disaster aid Most children with vaccine allergies can be revaccinated
- 598 Spanish doctors say "no thank you" to pressure from drug industry to prescribe their products Vatican newspaper reopens debate on defining the end of life
- 599 Most patients at risk of stroke fail to get adequate anticoagulation therapy African ministers plan to reduce threats to health Patients are less satisfied with robot assisted prostatectomy

SHORT CUTS

600 All you need to read in the other general journals

FEATURE

602 Truly independent research?

Research contracted to commercial or academic organisations might sound less biased than that done by industry. But as Jeanne Lenzer reports, influence is hard to avoid

OBSERVATIONS

ETHICS MAN

607 Argus and the cyclops in the clinic Daniel K Sokol

ANALYSIS

608 Gaining consent for publication in difficult cases involving children David Isaacs, H A Kilham, S Jacobe, Monique M

Ryan, Bernadette Tobin

- 609 Commentary: Consent to publication—no absolutes Frank Oberklaid
- 610 Commentary: View of the *BMJ*'s ethics committee Ainsley J Newson, Julian Sheather

RESEARCH, CLINICAL REVIEW, AND PRACTICE

See next page

OBITUARIES

635 Julius Benjamin Richmond; Ian Blacker; Hugh John Adolphus Coni; John Stanley Cox; Roger Patrick Doherty; Janet Mary Marks; Raymond John Vale

VIEWS AND REVIEWS

PERSONAL VIEW

637 The UK needs an Institute of Medicine R Minhas, K C R Patel, A S Wierzbicki

COLUMNISTS

- 638 A pet prescription Des Spence The new counterculture Ike Iheanacho
- 639 The herd instinct Theodore Dalrymple MEDICAL CLASSICS
- 639 The Inner Consultation David Warriner REVIEW OF THE WEEK
- 640 The Uncertain Art Sanjay Pai

ENDGAMES

641 Case report; Statistical question; Picture quiz; Prize quiz

MINERVA

642 An interesting way to test the degree of healing after bunion surgery, and other stories

FILLERS

- 606 The importance of listening
- 625 A tale of two families
- 634 Death in the air

Access to nutrition for NHS inpatients, p 596





Ethnic minorities in medical school, p 611



Antipsychotics and risk of stroke, p 616

RESEARCH

611 Ethnic stereotypes and the underachievement of UK medical students from ethnic minorities: qualitative study

In one London medical school Asian clinical medical students were negatively stereotyped by clinical teachers and students as overdependent on book learning and quiet in class JKatherine Woolf, Judith Cave, Trisha Greenhalgh, Jane Dacre

» Editorial p 585

615 Commentary: An "ethnic minority" medical student Hugh Ip

» Editorial p 585

616 Exposure to antipsychotics and risk of stroke: self controlled case series study

In UK primary care antipsychotic drug use was associated with an increased risk of stroke, and the risk was raised further by use of atypical drugs and by having dementia Ian J Douglas, Liam Smeeth

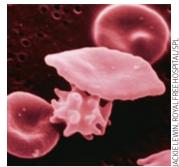
» Editorial p 586

618 Effect on birth outcomes of a formalised approach to care in hospital labour assessment units: international, randomised controlled trial In 5000 women having first babies in North America and the UK, those randomised to special care during labour for their emotional state, positioning, and pain coping were more satisfied but otherwise had no different outcomes from controls

Ellen D Hodnett, Robyn Stremler, Andrew R Willan, Julie A Weston, Nancy K Lowe, Kathleen R Simpson, William D Fraser, Amiram Gafni, the SELAN (Structured Early Labour Assessment and Care by Nurses) Trial Group

» Editorial p 587





A formalised approach to care in hospital labour assessment units, p 618

Management of sickle cell disease, p 626

622 Implementation of computerised physician order entry (CPOE) and picture archiving and communication systems (PACS) in the NHS: quantitative before and after study

Both systems were associated with possible efficiency gains, particularly in ordering of outpatient pathology tests and requests for repeat plain x ray film examination

Simon Collin, Barnaby C Reeves, Jane Hendy, Naomi Fulop, Andrew Hutchings, Eugenia Priedane

CLINICAL REVIEW

626 Management of sickle cell disease Mariane de Montalembert

PRACTICE

631 Qualitative research: Why use theories in qualitative research?

Theories such as interactionism, phenomenology, and critical theory can be used to help design a research question, guide the selection of relevant data, interpret the data, and propose explanations of causes or influences

Scott Reeves, Mathieu Albert, Ayelet Kuper, Brian David Hodges

RESEARCH PUBLISHED ONLINE

Paracetamol plus ibuprofen for the treatment of fever in children (PITCH): randomised controlled trial

BMJ, doi: 10.1136/bmj.a1302

Alastair D Hay, Céire Costelloe, Niamh M Redmond, Alan A Montgomery, Margaret Fletcher, Sandra Hollinghurst, Tim J Peters



BMJ

13 September 2008 Vol 337

The Editor, BMJ BMA House, Tavistock Square, London WC1H 9JR Email: editor@bmj.com Tel: +44 (0)20 7387 4499 Fax: +44 (0)20 7383 6418 **BMA MEMBERS' INQUIRIES** Email: membership@bma.org.uk Tel: +44 (0)20 7383 6642 **BMJ CAREERS ADVERTISING** Email: sales@bmjcareers.com Tel: +44 (0)20 7383 6531 DISPLAY ADVERTISING Email: sales@bmjgroup.com Tel: +44 (0)20 7383 6350 REPRINTS UK/Rest of world Email: ngurneyrandall@bmjgroup.com Tel: +44 (0)20 8445 5825 USA Email: mfogler@medicalreprints.com Tel: + 1 (856) 489 4446 SUBSCRIPTIONS **BMA** Members Email: membership@bma.org.uk Tel: +44 (0)20 7383 6642

Non-BMA Members Email: subscriptions@bmjgroup.com Tel: +44 (0)20 7383 6270 OTHER RESOURCES

For all other contacts: resources.bmj.com/bmj/contact-us For advice to authors: resources.bmj.com/bmj/authors To submit an article: submit.bmj.com



The BMJ is published by BMJ Publishing Group Ltd, a wholly owned subsidiary of the British Medical Association.

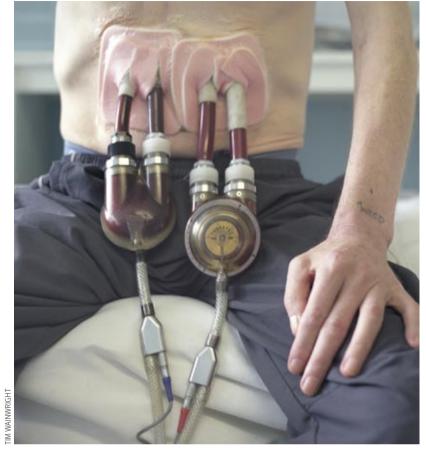
The BMA grants editorial freedom to the Editor of the BMJ. The views expressed in the journal are those of the authors and may not necessarily comply with BMA policy. The BMJ follows guidelines on editorial independence produced by the World Association of Medical Editors (www.wame.org/wamestmt. htm#independence) and the code on good publication practice produced by the Committee on Publication Ethics (www.publicationethics. org.uk/guidelines/).

The BMJ is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors' institutions, the BMJ Publishing Group, or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group shall not be liable for any loss, injury, or damage resulting from the use of the BMJ or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on.

©BMJ Publishing Group Ltd 2008 All Rights Reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any other means, electronic, mechanical, photocopying, recording, or otherwise, without prior permission, in writing, of the BMJ

Published weekly. US periodicals class postage paid at Rahway, NJ. Postmaster: send address changes to BMJ, c/o Mercury Airfreight International Ltd Inc, 365 Blair Road, Avenel, NJ 07001, USA. \$796. Weekly Printed by Precision Colour Printing Limited



PICTURE OF THE WEEK

Ian Wood is fitted with an artificial heart before a successful heart transplant at Harefield Hospital, Middlesex. The image is part of an exhibition by the photographer Tim Wainwright and sound artist John Wynne, who spent a year following patients who were waiting for new heart or lungs and undergoing surgery at the hospital. Transplant, which also relates the experience of staff and relatives, is at the Nunnery Gallery, London E3, until 28 September. See www. thetransplantlog. com.

THE WEEK IN NUMBERS

1.73 Rate ratio for stroke among all patients prescribed any antipsychotic drug (Research p 616)

30% Proportion of the UK medical student population who come from ethnic minorities (Research p 611)

250 000 Estimated number of children who are born with sickle cell disease every year (Clinical Review p 626)

50% Drop in supplies of medical radioisotopes to UK hospitals (News p 595)

30 Articles and letters testifying to the efficacy of Alexander technique published in the *BMJ*, 1923-1951 (Letter p 594)

THE WEEK IN QUOTES

"The insights derived from [qualitative] theories are important for guiding health policy" (Practice p 631)

"The current definition [of end of life] 'is in contradiction to the concept of the person according to Catholic doctrine"" (News p 598)

"If [contract research organisations] do not please their commercial clients, they may be less likely to get more work from them" (Feature p 602)

"Time is essential for reflection, an activity central to moral growth" (Ethics Man p 607)

"Medical information about an identifiable living patient can be published only with the explicit consent of the patient" (Editorial p 589)

EDITOR'S CHOICE

Getting a patient's consent for publication

Boy Does ethnic stereotyping affect how students perform?

Editorial, p 585 Research, pp 611, 615

DI CHIARA

MAD

Articles appearing in this print journal have already been published on bmj.com, and the version in print may have been shortened.

bmj.com also contains material that is supplementary to articles: this will be indicated in the text (references are given as w1, w2, etc) and be labelled as extra on bmj.com

Please cite all articles by year, volume, and elocator (rather than page number), eg *BMJ* 2008;337:a145. A note on how to cite each article appears at the end of each article, and this is the form the reference will take in PubMed and other indexes. The need to ask patients for consent before publishing their details in journals and elsewhere is well established. The *BMJ*'s policy on this has been in place, with minor variations, for more than 10 years (http://resources.bmj.com/bmj/authors/ editorial-policies/copy_of_patient-confidentiality).

Yet we still receive articles that don't have patient consent. To our surprise some authors don't seem to have thought about it at all, but occasionally authors tell us that they can't get consent for various reasons. We then enter murky and sometimes stormy waters, navigated with the help of the *BMJ*'s ethics committee. Is the case of sufficient public health or clinical importance to waive the need for consent and, if so, can it be adequately anonymised?

One such interesting case is described this week. As the authors themselves explain on p 608, they were unwilling to ask for consent to publish a report of the ethical conflicts around stopping life support for a child with a rare neuromuscular disorder. They argued that this would jeopardise the already fragile relationship with the child's parents. The BMJ's ethics committee, as two of its members explain (p 610), took the view that there was not a sufficient public health imperative to over-ride the need for consent, and that the rarity of the case made adequate anonymisation impossible. On p 609, the editor of the journal that eventually published the case gives his reasons for doing so.

Our decision not to publish was made on ethical grounds. At the time we did allow exceptions but felt that in this case consent could have

been obtained. Since then it has become clear that UK law makes it illegal to publish medical information about an identifiable living patient without consent. As Jane Smith comments in an accompanying editorial (p 589), whether for good or bad "society has decided that a loss of communication about matters of public health importance is the price to be paid for the right of an individual to have control over the publication of his or her own medical information."

Should we be concerned that this will damage the pursuit of medical knowledge? I think not. As Jane Smith says, difficult cases like the early descriptions of child abuse and Munchausen syndrome by proxy could still be published under the new law but would have to be presented differently, with less detail and probably without identifying the authors. We didn't consider removing the authors' names and affiliations in the case described, but it would have been perhaps the only way to fully ensure that the patient could not be identified.

The *BMJ*'s advice to authors remains largely unchanged. Ask for the patient's consent. If this isn't possible and you think the case has a strong public health interest, ask the editor about the possibility of anonymisation. All the contributors to this debate agree that patient confidentiality is the mainstay of the doctor-patient relationship and of the public's continuing trust in the medical profession. We must hold fast to it.

Fiona Godlee, editor, *BMJ*, fgodlee@bmj.com Cite this as: *BMJ* 2008;337:a1633 To receive Editor's Choice by email each week, visit bmj.com/cgi/customalert

WHAT'S NEW AT THE BMJ GROUP

Register with BMJ Group

Receive the latest information and updates group.bmj.com/registration

Journal of Medical Ethics

New blog now live at JME online blogs.bmj.com/medical-ethics

New systematic review from BMJ Clinical Evidence

The alcohol misuse review covers interventions in both primary care and emergency settings clinicalevidence.bmj.com

Last chance to register—BMJ Masterclasses for GPs, Leeds General Update —23 and 24 September; Cardiology, Diabetes and CKD—25 September Find out more at masterclasses.bmj.com/GPs/leeds

Drug and Therapeutics Bulletin (DTB) – September issue

Reviews on blood pressure guidelines - where are we now? And natalizumab for multiple sclerosis dtb.bmj.com

PLUS Career Focus, jobs, and courses appear after p 640.

n Fm 65

WHAT'S NEW ON BMJ.COM

bmj.com is updated continuously with the latest news, research, comment, and education and also features a rolling table of contents that shows every article published in the past seven days.

LATEST RESEARCH Misperceptions and misuse of Bear Brand coffee creamer as infant food



Use of a cartoon logo on coffee creamer is misleading to the local population in Laos and puts the health of infants at risk, according to a cross sectional survey of consumers and paediatricians. This is in spite of a written warning on the label: "This product is not to be used as a breast milk substitute."

Sweetered beverage creatier br

bmj.com/channels/research.dtl

LATEST COMMENT Consent for publication in difficult cases

Was the *BMJ* right to reject an ethical debate article because the authors had not obtained the consent of the patient's parents? The article was subsequently published elsewhere. This cluster of articles reflects the issues raised.

bmj.com/channels/comment.dtl

LATEST BLOGS

Liz Wager fears that describing the 27km long atom smashing Hadron Collider as "large" doesn't really do it justice. But usually she advises researchers to be wary of qualifying adjectives. "Mark Twain got it right (as usual) when he advised writers to substitute damn every time you're inclined to write very," adding: "Your editor will delete it and the writing will be just as it should be." Blogging on the US election, Vidhya Alakeson warns that a victory for



Republican candidate John McCain could lead to America becoming "the first developed country to repeal the right to abortion."

And Julian Sheather ponders the vexed question of free NHS care for asylum seekers: "How do we respond to the genuine health needs of individuals who do not have legal rights of residency and are unable to pay privately for their own health care? What obligations, if any, do we have to sick people who are here without legal status?" he asks.-

Join these debates and others at http://blogs.bmj.com/bmj

Last week's poll asked

"Are national qualifying examinations a fair way to rank medical students?"

You replied:

YES432 (53%)NO386 (47%)

This week's poll asks "Should primary care be

MOST COMMENTED ON

Paracetamol plus ibuprofen for the treatment of fever in children Outcomes of the European Working Time Directive Exposure to antipsychotics and risk of stroke QOF and public health priorities don't improve care

in ageing

Hypercholesterolaemia and its management

MOST READ

Paracetamol plus ibuprofen for the treatment of fever in children

New patient asking for a benzodiazepine prescription

Exposure to antipsychotics and risk of stroke

RCT of Alexander technique lessons, exercise, and massage for back pain

Hypercholesterolaemia and its management

Join your colleagues.

BMJ Masterclasses

masterclasses.bmj.com

