



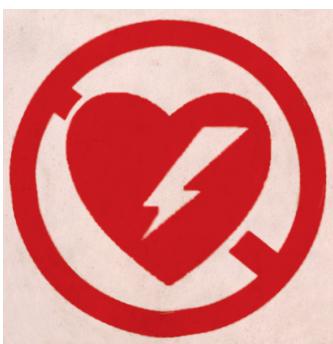
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Road traffic collisions, p 1167



Betting on health, p 1173



Cardiopulmonary resuscitation, p 1176

EDITORIALS

1153 **Home UVB phototherapy for psoriasis**
Is as safe and effective as outpatient treatment, but provision is poor, says Alex Anstey
» *Research, p 1181*

1154 **Natriuretic peptides in acute myocardial infarction**
Their role in treatment remains uncertain, says Antonio Luiz P Ribeiro
» *Research, p 1195*

1155 **Treating failed asylum seekers in the NHS**
Is humane, but puts pressure on finite resources, says Christopher Newdick

1156 **Perinatal mortality in the Netherlands**
Consistently poor performance indicates that it is time for change, says Marc J N C Keirse

1157 **The FDA and the Declaration of Helsinki**
A new rule seems to be more about imperialism than harmonisation, say Michael D E Goodyear, Trudo Lemmens, Dominique Sprumont and Godfrey Tangwa

LETTERS

1159 **Blood glucose in type 2 diabetes; Doctors as leaders**

1160 **Obama's team on health care; Deprivation and prognosis**

1161 **Health promotion; Sharing medical research data**

1162 **Increasing access to medicines; Placebo misery; Benefits and alcoholics**

NEWS

1163 **More people should be given the chance to die at home, MPs say**
Systemic failings in NHS contributed to death of Baby P

1164 **Canadian company demands right to publish drug adverts**
Publisher apologises for fake journal sponsored by Merck
Number of cases of A/H1N1 flu more than doubles in four days

1165 **Gaza patients “forced” to help security services in exchange for Israeli medical treatment**

1166 **UK adopts growth charts based on data from breastfed babies**
GPs should get specific training on how to deal with patients' alcohol problems, MPs are told

1167 **Giving private and NHS drugs separately will be hard, MPs say**
Watchdog warns government over poor data on road deaths

1168 **Young women at more risk of HIV infection than young men**
Agencies search for alternatives to DDT to control mosquitoes
Psychiatrist is again found guilty of murder of former boss

1169 **Hackers demand \$10m for the return of medical records**

SHORT CUTS

1170 **What's new in the other general journals**

OBSERVATIONS

LIFE AND DEATH
1172 **Wit and the lost lessons of history** Iona Heath

FEATURES

1173 **Betting on health**
US websites are encouraging people to make public commitments to change their behaviour. Karen McColl investigates whether they work and the implications for public health policy

HEAD TO HEAD

1176 **Should hospices be exempt from following national CPR guidelines?**
Cardiopulmonary resuscitation is traumatic and often unsuccessful in seriously ill patients. Max Watson and colleagues argue that current guidelines on its use are unsuitable for hospices, but Claud Regnard and Fiona Randall believe they ensure all patients get the best care

ANALYSIS

1178 **The interrogation of detainees: how doctors' and psychologists' ethical policies differ**
The treatment of detainees in prisons such as Guantanamo Bay is controversial. Kenneth Pope and Thomas Gutheil ask whether the different stances of doctors and psychologists are justified

RESEARCH, CLINICAL REVIEW, AND PRACTICE

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OBITUARIES

1211 **John Watson; Stanley Allen; Sheila Margaret Child; Edward Bancroft Jarrett; Percy Jewsbury; Nancy Loudon; Robert Duncan McKendrick; David Marshall Matthews**

VIEWS AND REVIEWS

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1213 **The BMJ, of all places** Ram Poluri

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1214 **Direct Red: A Surgeon's Story** Luisa Dillner

BETWEEN THE LINES

1215 **Do not go gentle into A&E** Theodore Dalrymple

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1215 **Medical Ethics or, a Code of Institutes and Precepts Adapted to the Professional Conduct of Physicians and Surgeons** Daniel K Sokol

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1216 **From the outside in** Des Spence

The unknown warrior

Liam Farrell

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1217 **Quiz page for doctors in training**

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1218 **Cutting out sweet drinks and other stories**

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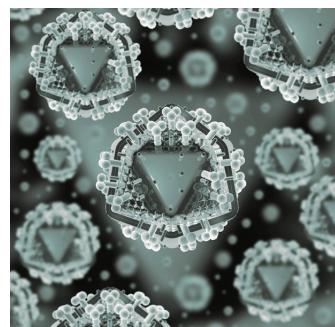
1194 **A room with a view**

Bugs dog pets, p 1166





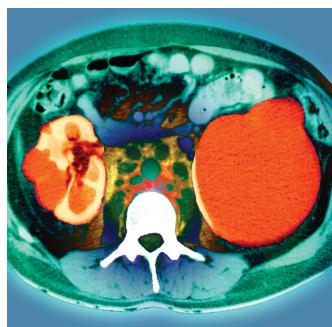
Psoriasis plaques, p 1181



HIV particles, p 1191



Pseudomembranous colitis, p 1196



Polycystic kidney disease, p 1203

SOVEREIGNISM/SPL

RESEARCH

1181 Home versus outpatient ultraviolet B phototherapy for mild to severe psoriasis: pragmatic multicentre randomised controlled non-inferiority trial (PLUTO study)

Ultraviolet B phototherapy for psoriasis is as safe and effective when given at home as it is when given in an outpatient department
Mayke B G Koek, Erik Buskens, Huib van Weelden, Paul H A Steegmans, Carla A F M Bruijnzeel-Koomen, Vigfus Sigurdsson **» Editorial, p 1153**

1187 Surgical treatments for men with benign prostatic enlargement: cost effectiveness study

An economic analysis has found that several new surgical treatments for benign prostatic hypertrophy may not be cost effective
Nigel Armstrong, Luke Vale, Mark Deverill, Ghulam Nabi, Samuel McClinton, James N'Dow, Robert Pickard, for the BPE Study Group

1191 Longitudinal community plasma HIV-1 RNA concentrations and incidence of HIV-1 among injecting drug users: prospective cohort study

In this Vancouver cohort of a typically hard to reach group, plasma HIV-1 RNA independently predicted HIV incidence and might, therefore, prove a useful tool in increasing HAART uptake
Evan Wood, Thomas Kerr, Brandon D L Marshall, Kathy Li, Ruth Zhang, Robert S Hogg, P Richard Harrigan, Julio S G Montaner

1195 Prognostic value of N-terminal pro-brain natriuretic peptide in elderly people with acute myocardial infarction: prospective observational study p 1190

In more than 3000 French patients, mostly male and with a mean age of 68, NT-proBNP concentration had incremental prognostic value above and beyond that of the GRACE risk score and traditional biomarkers L Lorgis, M Zeller, G Dentan, P Sicard, P Buffet, I L'Huillier, J C Beer, M Vincent-Martin, H Makki, P Gambert, Y Cottin, on behalf of the RICO Survey Working Group **» Editorial, p 1154**

CLINICAL REVIEW

1196 The role of surgery in *Clostridium difficile* colitis

S E Noblett, M Welfare, K Seymour

PRACTICE

1201 Easily missed? Streptococcal perianal infection in children

Richard Lehman, Sarah Pinder

1203 A patient's journey: Polycystic kidney disease

Polycystic kidney disease is inherited, so most patients have seen how it has affected their relatives. Young adult patients have no symptoms and need no drugs, but kidney function will slowly deteriorate

K Schipper, Tineke A Abma, Ronald J Hené, Guy A M Widdershoven

1205 10 minute consultation: Genital warts

Elizabeth K Delaney, Steve Baguley

1207 Lesson of the week: Distinguishing optic disc drusen from papilloedema

Consider optic disc drusen in optic disc swelling to ensure appropriate investigations and management
Kuang Hu, Alison Davis, Eoin O'Sullivan

1210 Drug point: Strontium ranelate may cause alopecia

María Saínz, Javier García del Pozo, Luis H Martín Arias, Alfonso Carvaljal

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Entrants should state in their submission that they have read and agreed to the terms and conditions of the competition, set out at bmj.com/cgi/doi/10.1136/bmj.b1770

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CLEVELAND CLINIC/LANDOV/PA IMAGES

PICTURE OF THE WEEK

Connie Culp, the first US recipient of a face transplant, before (L) and after (R) surgery. Ms Culp was left without a nose, a palate, or lower eyelids when her husband shot her at point blank range five years ago. Surgeons at the Cleveland Clinic in Ohio replaced almost 80% of Ms Culp's face during a marathon 22 hour operation. This feat represents the world's first near total face transplant and the fourth known face transplant to have been successfully performed to date.

THE WEEK IN NUMBERS

£6.6 million Ransom demanded by computer hackers for medical records previously held on a US state's prescription monitoring website (**News**, p 1169)

20 000 Number of people who have committed to changing their health habits on website StickK (**Feature**, p 1173)

80% Mortality rate for *Clostridium difficile* associated fulminant colitis (**Clinical Review**, p 1196)

1.8 million Number of prostate cancer cases in the UK (**Research**, p 1187)

75% Proportion of people who are clear of genital warts a month after starting treatment (**Practice**, p 1205)



THE WEEK IN QUOTES

"Clinical trials performed outside the US no longer have to conform to the Declaration of Helsinki" (**Editorial**, p 1157)

"The NHS has to recognise alcohol as a major priority" (**News**, p 1166)

"Physicians must not conduct, directly participate in, or monitor an interrogation ... because this undermines the physician's role as healer" (**Analysis**, p 1178)

"Ultraviolet B phototherapy at home is equally effective for treating psoriasis as ultraviolet B phototherapy in an outpatient setting" (**Research**, p 1181)

"Faith, hope, and charity have been displaced these days by wealth, health, and safety" (**Between the Lines**, p 1215)

WHAT'S NEW ON BMJ.COM

LATEST RESEARCH

Home versus outpatient ultraviolet B phototherapy for mild to severe psoriasis

Ultraviolet B phototherapy administered at home is as safe and effective as ultraviolet B phototherapy in an outpatient setting, according to a randomised controlled trial (PLUTO study). Furthermore, ultraviolet B phototherapy at home resulted in a lower burden of treatment and led to greater patient satisfaction. Now that safety and efficacy concerns have been tackled, an economic assessment of different UVB service models is needed, concludes an accompanying editorial.

[Find out more at bmj.com/research.dtl](http://bmj.com/research.dtl)



Folic acid fortification and congenital heart disease

A time trend analysis from the Canadian province of Quebec shows that public health measures to increase folic acid intake were followed by a 6% fall in the birth prevalence of severe congenital heart defects in 1990-2005. The accompanying editorial says that, rather than considering fortification targeted at populations, we should find more effective interventions to target women of child bearing age.

[Listen to the study's authors talk about their findings at podcasts.bmj.com/bmj/](http://podcasts.bmj.com/bmj/)



LATEST VIDEO

The second video in our series to mark the availability of the *BMJ*'s full online archive examines the development of evidence based medicine and clinical trials. Professor Colin Blakemore, a former head of the Medical Research Council, looks at the issues with *Bad Science* author and columnist Ben Goldacre (left); Iain Chalmers, editor of the James Lind Library; and *BMJ* deputy editor Tony Delamothe.

Also, what is the impact of virtual reality training in laparoscopic surgery? The authors of a randomised controlled trial involving 24 first or second year registrars talk about their findings.

[Watch these and other videos at bmj.com/video](http://bmj.com/video)

LATEST BLOGS

Julia Riley, head of the Department of Palliative Medicine at London's Royal Marsden Hospital, hopes to see a rise in the number of advance care plans after publication of guidance from the Royal College of Physicians and General Medical Council.

Student blogger Frances Dixon is worried about people's cavalier attitude to antibiotics. And Richard Lehman goes acronym watching in his weekly journal watch: Can you distinguish between Important Sounding Surrogate End Points (ISSEPs) and Patient Important End Points (PIEPs)?

[Find out more at blogs.bmj.com/bmj/](http://blogs.bmj.com/bmj/)

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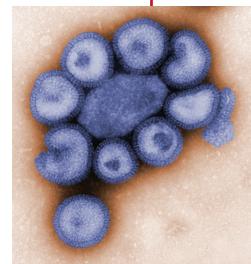
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MOST READ

Swine flu

Effect of point of care testing for C reactive protein and training in communication skills on antibiotic use in lower respiratory tract infections



Kawasaki disease

A/H1N1

Antibiotics for acute cough

MOST COMMENTS

How to handle stress and look after your mental health

Role of surgery in *Clostridium difficile* colitis

Tea drinking and oesophageal cancer in a high risk area in northern Iran

Death of DNR

WHO raises level of alert on flu pandemic

When was your last update?

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